

MATERNAL AND CHAILD HEALTH PROGRAM

International Federation Congress of Home Economic



The representative team for event in Japan

On July 16-21 2012, Alola Foundation was invited by the International Federation for Home Economics (IFHE) to deliver a presentation in the congress, which conducted by this Federation in Melbourne, Australia.

This was the 22nd world congress and it was about Good Life. The representative from the Alola Foundation who participated in this program was from the Maternal Child Health Program. The

presentation that was delivered in this congress was about the activities of health promotion and nutrition in rural areas in Timor-Leste. The congress was participated by 81 countries.

The aims of this congress were: to promote skill for mother and child including home economic; and to promote long-term and better life for the individual family and community.

The IFHE is an international organization that has consultative status with the United Nations, including: UNICEF, FAO, UNISCO, and ECOSOC, it is a world organization that concerned about home economics and consumer study. This congress has its own schedule and it rotates for every congress.

The congress used to held every four years in different countries that had already registered as the member of this federation.

The activities include through the women's university in Japan, has once again on November 2012, invited the coordinator of Mother and Child region II from Alola Foundation to participate and deliver the presentation that was held in Tokyo.

The aim of this presentation was to share the experiences regarding the successful activities in health promotion and nutrition in rural areas in Timor-Leste, which was led by the Alola Foundation.

PO Box 03, Dili
Timor-Leste
(via Darwin, Australia)

Rua Bispo de Madeiros
Mascarenhas -Mercado Lama
Dili, Timor-Leste

Phone: +670 3323 855
Fax: -
E-mail:
info@alolafoundation.org

Favor vizita ami iha:
www.alolafoundation.org

Fundasaun Alola establise iha tinan 2001 hanesan organizaun fetu lokal ne'ebe servisu atu hakbi'it fetu. Alola fornese programa importante ba fetu no labarik iha Timor-Leste. Fundasaun Alola organizaun ne'ebe nia programa fo apoiu ba direitu fetu no labarik iha Timor-Leste.

Vizaun: FETO TIMOR-LESTE IHA STATUS IGUAL IHA ASPEITU HOTU-HOTU (asesu, partisipasaun, papel iha foti desizaun, goja beneficiariu husi dezvoltimentu) LIU HUSI EDUKASAUN, DZENVOLVIMENTSU EKONOMIA, SAUDE NO LIDERANSA KOMUNITARIA.

Misaun: Atu promove direitu fetu no hasa'e fetu nia kapasidade lideransa, hadi'a status saude fetu no labarik, hasa'e fetu no labarik sira nia qualidade edukasaun, no haforsa fetu nia negosiu ki'ik iha nivel baze.

Fundasaun Alola nia Programa:

Advokasia - Haforsa fetu nia lideransa no dezenvolve rede servisu Saude Inan no Oan - Hadi'a fetu no labarik nia status saude Edukasaun no Literasia- Hari'i kapasidade atu habelar oportunidade Haforsa Ekonomia - Fo kbi't fetu nia ekonomia



Fundasaun Alola Bulletin

Feto Forte, Nasaun Forte—Strong Women, Strong Nation



Edition 1/2013

Initiator of development for women in rural area



Moris group's Coordinator
Maria Cabral

A 40-year old woman Maria da Costa Cabral from Baucau, has been living in Maubara district together with her husband.

Maria not only looks after her family and her single son, Maria also organizes a group of women, working to produce arts goods from traditional material.

The arts good that are produced, in return contribute to their income which gives a significant advantage to improving their household welfares.

This program is organized with more focus after Alola Foundation offered their support.

Nonetheless, before this program was conducted properly, some members of the group had to also look after their garden as one of their life sources because the program did not fully help their lives financially.

The group started its venture from a small business such as opening a restaurant and from this business the group was able to start their business in producing arts material.

Now the group has evolved into a bigger venture, they are also generating a structure's organization and they have named the group as 'Moris Dame's group'.

The group's coordinator received training on how to learn to make a better and quality weaving so that the capacity of the group can be enhanced afterwards.

Alola Foundation connects the group with the market opportunity so that they are able to sell their arts' material, and Alola has made several recommendations so that this group can involve in other events such as the international event held by MTCI (Ministry of Tourism Commercial Industry) in South Korea.

INTERESTING POINT:

- Improve women's participation in contributing to National Economic Development
- Tourism's culture benefiting employment generation in Timor Leste
- Training the teachers to promote the quality

EDISAUN IDA NE'E:

SEMINAR OF FEMALE WORKERS IN PRIVATE SECTOR	P. 2
MANAGEMENT FORMATION FOR VILLAGE COUNCIL	P. 2
STATE POTENTIAL FOR CULTURE TOURISM IN TIMOR LESTE	P. 3
TRAINING FOR THE PRE-SCHOOL TEACHERS	P. 3
INTERNATIONAL FEDERATION CONGRESS ABOUT DOMESTIC ECONOMY	P.4

ADVOCACY PROGRAM

Seminar for female workers in the private sector



• RAISING AWARENESS OF THE COMMUNITY REGARDING LABOUR LAW NO. 4/2013 TO ELIMINATE DISCRIMINATION AND VIOLENCE AGAINST WOMEN LABOUR IN PRIVATE SECTOR ARE FULLY NEEDED

Fundasaun Alola together with the secretariat of Rede Feto and Konfederasaun Sindikatu Timor Leste (KSTL) celebrate the commemoration of international women's day by undertaking a national seminar on March 7th, 2013 with the topic "Promote the rights of female workers in private sector".

The seminar focused on the labor's law implementation No. 4/2012, and was attend-

ed by more than 50 participants. Throughout the seminar, the organizers gave the information, analysis and understanding in respect to the obstacles that are encountered by female workers in the private sector areas. Therefore, whenever they face any problems, they are able to understand and take action to resolve the problem.

The seminar organizers also offered solutions by conducting discussions and understanding about the role and responsibility of the private sector. This understanding enables them to be free from the chance of being discriminated and they can tackle the possible violence according to the law that has been established.

The seminar was attended by individuals that work to promote gender equality and included relevant government officials.

Management formation for members of village



Group discussion session

Through its District Support Program, Alola Foundation has signed the revision note of intendments with the National Direction Support for Village Administration (DNAAS) on 6th of February 2013 for 2 years.

The main objective of program is to support the council members, especially the village chiefs, women representatives, and young women through the participation and capacity building.

In order to implement the contract in March, this program has conducted several activities, including: basic finance formation management, reporting, monitoring and evaluation.

Through this activity, they would be able to have better knowledge on how to conduct the financial management with full responsibility and transparency.

This formation has been conducted in Aileu district, within 11 villages, and in

Ermera district has conducted in 10 villages. The participants were 103 persons. Among those participants, there were 61 women.

This formation was facilitated by the staff of the Advocacy Program which in cooperation with the department of Monitoring and Evaluation from Alola Foundation.

The funding for the activity within the village has come from the government of Germany, through the international organization GIZ.

ECONOMIC EMPOWERMENT PROGRAM

Potencial Culture Tourism Research In Timor Leste

Alola Foundation and Timor Adventure received support from the International Labour Organisation (ILO) and Instituto de Apoio ao Desenvolvimento Empresarial (IADE), the partner for the implementation of Business Opportunities and Support Service (BOSS) in Timor-Leste.

The ILO and IADE have investigated potential tourism for employment generation in Bobonaro, Ainaro, and Lautem districts.

The research team has identified that Timor-Leste has very strong and unique patrimony culture and history. During research, it has been identified the historical culture and elements such as: traditional culture, the Portuguese history, second world war history, history of resistance, and nowadays culture.

The coordinator of the program Hakbi'it Ekononia Alola Foundation stated that " during the research, they have found

deep information about the cultural tourism through interviews with government section such as Ministry of Turismo and Culture and also the relevant NGO such as Haburas". At district level, they have conducted interviews with the district administrator, sub-district coordinator and the representative culture at district, local NGO, the village chief, the local traditional expert, and conducted focus group discussion in Ainaro and Ilomar district.



The activity of the researchers in Borluli hot spring – Marobo and the group of waving Tais at Lospalos

EDUCATION PROGRAM

Training for teachers at preschool

In 2013, the Education Program has continued to conduct training for the teachers at Pre-School and Primary schools.

In February and March, the team has conducted training for the teachers at Pre-School based on ten (10) units. This training is the continuation from the 2009 training for those teachers who did not complete some of the 10 units.

The aim of the training was to improve the skills of the teachers and increase their

knowledge in the teaching process, especially on how to teach early literacy for the children and how to use the teaching materials appropriately and how to use an effective method in the classroom and an interactive teaching strategy.

These trainings were mostly focused on the literacy for the children and the games to improve the children's creative thinking and gross motor skills.

The training for literacy unit for children was held on February 18-22-2013 and was attended

by 31 teachers from Pre-School.

On the other hand, the training for the games unit to improve the children's gross motor skills, was conducted on March 4-8-2013, and focused on how to strengthen the children's physical abilities and to improve the children's handwriting.

There were 30 teachers who attended this unit.

• ALOLA FOUNDATION HAS A COMMITMENT TO COLLABORATE WITH THE MINISTRY OF EDUCATION TO IMPROVE THE TEACHING SKILL OF THE TEACHERS AT PRE-SCHOOL THROUGH TRAINING TO IMPROVE THE QUALITY OF TEACHING.



The teachers were trained conduct games in small groups