



alola

Fundasaun Alola Develop Five Years Strategic Planning

Dili-Fundasaun Alola invited facilitator from Yayasan Kesatuan Pelayanan Kerjasama (SATUNAMA), Mr. Methodius Kusumahadi, DCH. from Yogyakarta Indonesia to line up 5 years strategic Planning for ALOLA FOUNDATION.

Mr. Meth as facilitator for the strategic planning indicated that based on the Term Of Reference (TOR) in a program there are 4 priorities that needed to be carried out for the future, one monitoring and evaluation, second, strategic plan, thirdly fundraising and lastly auto research development and HRD Plan

The outcome that want to be achieved from the strategic plan is on how to assist Alola to achieve the objectives in five years time. Mr. Meth said that " as facilitator, my job is to find ways to plan on things that needed to be assisted. However, if we look at benefits formulate it has to be different."

He added "to assist the objectives that have been planned, we must have facts or records on the result of work that have been done during this time. Also for good results we need to use different methods in order to get information about Result of work from Fundasaun Alola.

He also considered all of the results as movement



Mr.Meth (M) with CEO ALola, Alita Verdial (A) photo together with Alola' staffs at the meeting room of Saint Paul Building Comoro at the end of Strategic Plan.

for societies' life such as everyday income. Also collaboration networks from civil society and international organization such as UNICEF, UNIFEM and others which including Fundasaun Alola to get strong trust from Timor—Leste in order to develop the organization. That is the facts that gathered from the evaluation of the trainings that has been done. *Continue to page 2*

Alola organized Students for the school Holiday Program



Tisia (age 7, Ataúru) jumping on the circle area.

Dili - School Holiday Program was realized by education Minister, Mr. João Cancio at 2008, and based on parents recommendation, youths and children, the group that initiated to continue the program. Supported by Conoco Phillip, many different activities for students were carried out

Ema Freitas, as the program coordinator indicated that the activities that FA organized is known as the School holiday program that carried out for students during their holiday.

She also indicated that in 2009 Alola organized the program for 4 districts, such as district Dili, Liquiçá, Viqueque and Ermera with various of activities that went for 3 months (end of September to December).

In addition, Portuguese Cooperation also integrated some of their activities with Fundasaun Alola.

The objectives of this activity is to build parents and youth capacity and creativity. Through this training it introduced the new method to the community about learning process,-

Promotion of Portuguesa language to children, strengthened unity between community in one area of Suku. Through this activities such as zig-zag, stairwall game, cat and mouse, ice cream game, grab and put ball, kelu, passing ball through head and between legs, funny walk, capten of the ball and bola Kapitaun no Jogu berлиндus.

According to Ema, most of the children were happy and very excited about the activities. " we really like all the games" this is what the children were hoped for from the activities that organised by Alola.

The parents who accompanied their children to that program considered the activities to be very valuable for students to learn particularly learning new games from the group.

Mario Soares as the manager of the program together with the youth in Ataúru considered the games as to be very interesting and fun and he is ready to continue on the program to all the children in Ataúru—*continue to page 2*

Alola Carry Out Training On Infant And Children Feeding

Dili - Fundasaun Alola through Health Division of Mother and Child did a Health training in Ermera about different ways of infant and child feeding.

The training went for a week which started from 13th to 21st of October 2009, that involved participant from HP representatives and CHC. The total participants were fifteen (15).

Maria Imaculada Guterres as coordinator, indicated that the objectives of the training was to develop personal health capacity and also to guide mothers to access health facility in order to be able to change and improvise the practical way of infant and children feeding.

The training was released from the Deputy DHS Gleno, module support of the training is IBFAN Asia Pacific. -

At the conclusion of the training, participants indicated their understanding of the program and willing to take back the information that they have gathered and implement it in their work.

With that matter, DPHO Nutrition – DHS Gleno indicated that even qualify nutrition person really understood and developed their knowledge regarding those topics after participated in the training.

According to him, the training was essentially important for personal health and community health.

Therefore, Fundasaun Alola must be congratulated on facilitating an excellent personal health training in Ermera.

Participants also gave suggestion about distributing materials IEC such as poster and flip chart so that they can use it in their facility



Participants are listening to the explanation on how to feed infant, in Glenu Ermera.

national with the program of breastfeeding and eating nutrition for children (*) to reeducate community about what manners should be used to -Reduce malnutrition and disease rate in district Ermera.

The training activities went really well and successfully, it involved Fundasaun Alola trainer from (*)

Continuation of page 1:

The result of the evaluation achieved 3 facts that very interesting, firstly good result from networking and management, secondly there are enforcement of work however it is still to be strengthen. Thirdly, the expectation and collaboration from society is high in the future and suggestions given by stakeholders and challenges are expected to be improved.

"I can see that they have commitment to carry out the connect system'. I hope that after the training we can already have a strategic plan, when 85 % from the participants knows and really consider. All of these plan are significantly important and leaders must have initiative.



I believe that Alita will lead Alola for the better future because she knows her work and knows her staffs who have commitment to bring Alola forward in the future," he said.

Mr. Meth consider Alita and her managers have done pretty good work because they understand their work that they have carried out. Therefore he believe that in the future Alola will work very well based on the strategic plan that we are doing. It's reflected on what Alola has done however it only involved the board but now it also involve individual mainly benefit group and their representatives," he said.

Strategic plan that has been planned according to Alita is really good because it comes from realistic thinking and with expectation to be carried out in 5 years time. "I hope that we won't make a lot of correction but as long as the board can recognize the spirit, and personal willingness and enforcement in Fundasaun Alola. (*)



Continuation from page 1:

Through varieties of activities that use local materials. "for example, we don't have the capacity to purchase balls, but we have used our creativity to make traditional ball (ball that created using plastic). She said.

In all the site that the program has been carried out, it is recommended that the program should be carried out not just once in a year however it should be done every time. "at least twice a month in one area." (*)

Alola and Plan International Give Out Training To Make Organic Fertilizer

DILI - Fundasaun Alola has work with ONG Plan International to realize a 3 days training to agriculture women' group across Timor Leste

The program coordinator, Casiano de Jesus, indicated that Fundasaun Alola and ONG Plan carry out the training specially to make organic fertilizer (Adubu) in order to increase production and income in agriculture particularly for women." During 3 days the agriculture Women groups make organic fertilizer to increase their production and also income," he indicated on Friday (16/10)

He also said that the training was important and relevant with the necessity of women in order to develop their recognition and knowledge to support women to get benefits through agriculture.

The training was suppose to be participated by 27 people from the women' group, however because of accommodation, the training was only attended by 18 participants.

During the training, the participants learn about different ways to make organic fertilizer, seeds selection, so that it can be informed to the agriculture. The program also look over on how to do good vegetation and mix soil with organic fertilizer to plant the seed.

Other training has been done 5 times already which organized by ONG Plan no Fundasaun Alola on sewing, weaving, Tais making, thread and agriculture. In addition, these training was the initiatives of the participant using Plan and AF as Facilitator.



Mrs. Carlito as facilitator from NGO Belun ask participant to write out planning.

Linda Lurdes Pereira, consider the training to be really significant and good because they can learn about how to do vegetation, learn and directly do the practical way 2 days ago so they understand more. When they return home we must follow what we have learnt in the training, and able to share with others.

She also make a request to FA and other ONG to continue the training for farmers therefore they can also develop their production and develop the local production quality in this country. (*)

DWS staffs participate in Computer Basic Training

Dili - Staff of District Support Working (DSW) of Fundasaun Alola come together from the 13 districts to participate in computer basic training particularly using Microsoft Excel program.

Paulina Asis Belo, as the program officer for DSW from Advocacy division indicated that the training can give an input on using IT particularly Microsoft excel so that the DSW know how to make report such as-

Finance report, prepare budget and monthly report in DSW area.

She said that some DSW in district still don't know how to use computer particularly Excel Program, therefore it is necessary to participate in the training in order to assist them in their work process. In addition, DSW also must work with stakeholders or partners, therefore they need to know the program of Excel and masteries it.

Apolonia as the coordinator of Women Resource Centre (Sentru Rekursu Feto /SRF) indicated that the training was very important to the staff of DSW because it can develop their knowledge about excel program in order to assist them in doing their report.

According to her, there are few staff who still does not know how to use computer and excel program, even though they recognize the program but they still do not know how to do the option in the program.

"In that training I can see that some of them understand, but some still struggling. Therefore, I intended to share the information about excel program to the DSW" add Apolonia.

According to her, this training is the first training that carried out and will be continue. The total participants are 13 representing from each district across Timor Leste.

Most of the participant were really happy because they are introduced to the program in order to assist them in making their report.

Fara Florindo, from Ermera indicated that she never know about IT, but with the training she felt that she has gathered information and know a little bit in using the program to make report, activities and program excel.

In regard to this matter, participants ask FA to continue giving out training for staff so that they can learn more about using Microsoft excel as well as other Microsoft programs that relevant with the DSW' work. We are very happy because there will be a continuation of training in the future.(*)



Apolonia (A) demonstrate how to use Microsoft excel to do finance report.

Original Tais From Oekusi Starting To Be Preserved

Dili— Economic Development program of FA has enforce their program to maintain TL tais weaving and natural resources has shown its result, even though in some areas still using modern thread color to weave Tais. As it is happened in Oekusi original tais become modernize.

Cesilia da Foncesa, as the manager for Economic Development indicated that in November 2009 they visited Oecusse to compare Tais motive between traditional model and modern model. According to her, Original traditional Tais types has vanished because of imitation, for example in the past they use natural color but now they use chemical and also the line motive is mostly invented not based on the real type.

She indicated that the objective when comparing the types of tais is to discover the quality of the Tais motive. Also, this activity gives the opportunity to look at the best price of tais based on its standard that has been determined, such as the price of Big tais and scarf that needed to be standardized. Therefore it can be purchased based on the set standard.

She indicated that, regarding to the issue, IPBB trade of life also talk about natural coloring to make tais based on its traditional origin

She also add that, we also give courage for weavers to keep using natural materials to make original tais.

She also indicated that, through workshop, participants informed that Tais motive nowadays has shift based on “customers wants”. “customers requested to make light colors, therefore we decided to modify the natural color or the original from the time of our ancestors,” said Fonseca based on groups information

With the reasons from the group, we suggest to keep maintaining the way we make tais and purchasing natural materials such as Hai, nenuka, Rufa, Silare, Tarun melilit, kami, -



Cecilia distributed cotton to the groups to plant in their garden in Oecusse.

tahu,- fofonasa, rook-rook, , no patai, Ai loba, morinda.

We also encourage them to plant natural resources in their plantation or garden in their yard, we get the cotton from different district and forward it to other districts that at the moment don't have plan to plant the resources. (*)

Alola Conduct Transformation Agenda Discussion



Participant listening to the explanation on how women can participate in politic area.

Dili -Fundasaun Alola, through Advocacy, carry out Transformation agenda discussion on women's involvement in politic and decision making.

Elda da Costa Barros, as project officer indicated that discussion activity that carried out in Baucau is a continuation program -

That went for 2 days in October 2009 that talk about agenda transformation for women participation in politic and decision making.

“We have carried out the activities twice in Dili and Baucau. We invited local authority, NGO, stakeholder and potential women to take part in the discussion. The people who participated in the discussion are CEO of Alola, manager of advocacy, UNIFEM,CNE, STAE,” she indicated.

President of CNE Mr. Faustino Cardoso Gutteres , as one of the speakers on the discussion that talk about reflection on women's political life versus domestic life. Ms. Dianne from UNIFEM observes the program and reminded the participant to encourage each other to identify priorities issues outlined in the National Platform of Action and CEDAW convention, and STAE talk about the technical process in preparing and implementing for election.

This program will have continuation and objectives to see the potential and women participation in politic life and decision making. Also, to look at how women can access information. “ this program will be carried out in Manufahi and also other districts based on the schedules that have been organized. However, it has not been finalized because we need to make working strategic plan that will be done in the future.” she indicated.

Most of the participants felt happy because they are given opportunity I the discussion , particularly for those who did not get the information earlier. Therefore, they suggest that the discussion must involve women from the rural and remote areas so that they can be introduced to the life of politic for women and decision making. (*)

Who is Alola Fundasaun? Fundasaun Alola was established in 2002 with dedication to enforce women access in sector such as Health, Education, Leadership and opportunity in work field. It was built as National NGOI, Alola is lead by Kirsty Sword Gusmão. Group Leader: CEO: Teresa Verdial. Program Manager: MCH-Veronica Correia, Advocacy —Alita Verdial; Education —Inacia Temele, Economic Development—Cecilia da Fonseca, Operational Manager—Alzira dos Reis