



alola
annual report 2010



EQUALITY, FAIRNESS, PARTICIPATION AND RESPECT

Fundasaun Alola is a not for profit non-governmental organisation operating in Timor-Leste to improve the lives of women and children. Founded in 2001 by the then First Lady, Ms Kirsty Sword Gusmão, the organisation seeks to nurture women leaders and advocate for the rights of women. Fundasaun Alola was originally created to raise awareness of the widespread sexual violence against women and girls in Timor-Leste during the militia attacks of September 1999. Though this is still a key issue for Fundasaun Alola, today we also provide a wide range of vitally important support programs for the women and children of Timor-Leste.

OUR MISSION

- Promote women's rights and increase women's leadership capacity
- Improve the health status of women and children
- Increase access and quality of education for women and children
- Strengthen women's small enterprise at grassroots level

ADVOCACY	MATERNAL & CHILD HEALTH	EDUCATION & LITERACY	ECONOMIC DEVELOPMENT	MANAGEMENT
Strengthen women's leadership and develop networks	Improve women's and children's health	Capacity building to expand opportunities	Empowerment of women's economic status	Effective & efficient administration
<ul style="list-style-type: none"> Campaign for women's rights Strengthen quality & quantity of women leaders Strengthen networks with all partners (CSO-NGO) Establish strong DSP to strengthen FA services, network & performance Create a woman and family friendly space (provide resources to increase access to information in regions) 	<ul style="list-style-type: none"> Program focus on reducing IMR & MMR Promotion of exclusive breastfeeding and complementary feeding (consolidate MSG & SHIO) Support MOH & MCH facility-based programs Program integration in districts to increase benefits to women & their community Staff professional development 	<ul style="list-style-type: none"> Increase resource development, training methodology & teacher training Develop teaching resources, promote gender & children's rights & the use of indigenous languages Expand opportunities for women and youth leaders Work with Ministry of Education & education organisations to develop mobile training facilities 	<ul style="list-style-type: none"> Maintain cultural traditions in women's handicrafts Contribute to sustainable livelihoods for women Increase status & opportunities for women in enterprise Develop economic independence, while focusing on the poorest sections of society 	<ul style="list-style-type: none"> Establish systems for programme management & evaluation Ensure transparent financial management Establish FA facilities management process Develop endowment funds for future programs Multidimensional staff performance appraisal every 6 months followed up with penalty & reward

CHAIRWOMAN'S STATEMENT

2010 has been another busy year for Fundasaun Alola, with a climate of stability and economic growth creating the conditions for consolidation and expansion of our many programs. The election at our AGM of new board members from the Ministries of Health, Education and Social Solidarity was an important step in ensuring alignment of our priorities and program focus with those of government, as well as strengthening existing partnerships.

In February, we held our first ever Gala Fundraising Dinner in Dili, and were staggered by the huge support we received from members of Timor-Leste's growing private sector as well as international corporations operating in our country. The success of the evening owed a great deal to the active participation of my husband, Xanana Gusmão (who excelled himself as auctioneer!), and to the generosity of all those in attendance. We plan to make the Gala Dinner a regular event in our fund-raising calendar.

In May 2010 the Timorese National Parliament passed the Law Against Domestic Violence which was first drafted in 2003. Fundasaun Alola, as a member of the Domestic Violence Working Group led by FOKUPERS, Rede Feto (The Timor-Leste Women's Network) and the women's movement across the country has been pushing for this important legislation through public education and lobby-ing for many years, given the ongoing prevalence of family violence. Alola and its partners will continue to work to ensure the training of law enforcement agencies, legal actors and service providers mean that women and their children find real protection and the means to living a life free of violence in this law.

Other important developments at a national level having a direct bearing on Fundasaun Alola's mission and programs were a National Conference on Reproductive Health in July and finalisation of the Mother Tongue-Based Multilingual Education Policy for Timor-Leste. The Reproductive Health Conference drew attention to the need for more accessible family planning services and to issues such as the access to education of pregnant teenagers. In my capacity as Chair of the National Education Commission, I was proud to lead the initiative to draft a Language-in-Education policy which gives a role to Timor-Leste's some 32 mother tongues in the classroom. Fundasaun Alola's Education Program team played a role in supporting this work through participation in the policy debate and drafting, and in producing a collection of early grade learning resources in the local languages of Timor-Leste.

I take this opportunity to thank our CEO, Teresa Verdial (Alita), the managers, staff and Board of Fundasaun Alola for the hard work, dedication and vision you continue to display in your service to the women and children of Timor-Leste.

Kirsty Sword Gusmão
May 2011



CHIEF EXECUTIVE OFFICER REMARKS



Our dear partners, I am taking this opportunity to offer my sincere thanks to you all for being part of Fundasaun Alola's achievements in 2010. Your material, financial, technical and moral support has enabled us to work at the community, national and regional levels to promote women's rights and offer tangible outcomes for Timorese relating to leadership, education, health and economic opportunity. Our far-reaching accomplishments in 2010 carry us through to our tenth anniversary, celebrated in May 2011, and gives cause to reflect on a decade of change for women in Timor-Leste. I also would like to express my appreciation for the opportunities and experiences that I am afforded as Fundasaun Alola's Chief Executive Officer. I am proud of the results that Fundasaun Alola continues to produce and acknowledge the hard work of the dedicated team of staff, our volunteers, and the Board of Directors.

In 2010, we improved our internal organisational capacity through a revision of the Fundasaun Alola Personnel Handbook and related policies, as well as supporting staff to undertake various professional development opportunities. Externally, we implemented a range of trainings across all programs at the community level, increased communications with local affiliates, maintained and built our partner relationships nationally, regionally and internationally, and actively lobbied for additional resources which are critical to our future ability to meet the needs of Timorese women and their families to improve their quality of life and to meet increasing government accountability requirements.

The Government of Timor-Leste has asserted that it is committed to achieving the Millennium Development Goals and has assumed these as the key national priorities of the country. In order to accelerate the achievement of MDG's 2, 3, 4 and 5, and to meet related indicators relating to universal primary education, gender equality and empowerment, reducing child mortality and improving maternal health, it is crucial for the government to build partnerships with civil society as this represents the community that awaits change in Timor-Leste.

Fundasaun Alola's main focus continues to be on advocacy around women's and children's rights, maternal and child health, education and literacy, and economic development. We actively participate in the Timor-Leste women's movement by lobbying government to legislate in areas such as domestic violence, human trafficking and women's access to education. Fundasaun Alola has actively participated in the Domestic Violence Law Working Group led by Fokupers and Rede Feto to raise awareness about violence against girls and increase the capacity of potential women leaders in suco councils to participate in politics and decision-making. Awareness about violence has been a long-term priority for Alola and is a topic about which we have contributed at a number of discussions, conferences, national forums and regional focus groups.

At the regional level, in 2010 Fundasaun Alola was called on as a member of Asia Pacific for Women Law and Development (APWLD) to attend the PWLD Regional NGO Consultation with the UN Special Rapporteur on Violence Against Women. Alola was represented by Veronica Correia, Maternal and Child Health Program Manager, who spoke in the session on Sexual and Reproductive Rights in Asia Pacific, particularly on women's reproductive health rights from the Timor-Leste perspective, focusing on 'maternal mortality, unsafe abortion and women's reproductive rights'.

Fundasaun Alola has a strong community development program concerned with maternal and child health. In 2010, Alola facilitated the establishment of 53 groups across 57 villages around the country. This strategy is contributing enormously to changing maternal and child health status, especially the reduction of the infant and young child mortality rate, increasing the exclusive breastfeeding rate for the first six months, increasing the number of deliveries at health facilities and reducing the fertility rate of Timor-Leste (Timor-Leste Demographic Health Survey 2009/10).

The 'Girl's Education Award' gained momentum in 2010 as one of Alola's significant Education and Literacy programs. The award provides opportunities for economically and geographically disadvantaged girls that demonstrate strong academic potential to access secondary education. In 2010, 39 girls at the secondary school level benefited from this scholarship, a number that will increase in the future. In addition to this award, Alola supported 39 female final-year students from the Universidade Nacional Timor-Leste (UNTL) who have had to delay completion of their theses due to insufficient funds to complete their studies. The Education and Literacy Program, in coordination with the Ministry of Education, further undertook trainings for more than 2000 primary and pre-primary teachers from across Timor-Leste and continued to develop local language resources.

2010 was a year of challenges for the Economic Development Program, especially relating to culture preservation activities. With limited funding from the Toyota Foundation, together with Yayasan Pencinta Budaya Bebal (YPBB) and Timor Aid, the program focused on developing networks of weavers who live in remote, under-developed villages and assisting them to turn textiles, crafts and other cultural materials into badly needed income in a manner that is environmentally sustainable, promotes cultural integrity, and empowers women.

Please find in great detail a summary of the programs, services and specialised projects that we have administered over this past fiscal year. We have accomplished a great deal, and this has only been possible due to a strong and dedicated team effort from the Board of Directors, staff members, volunteers, community partners and local members. I'd like to take this opportunity to thank them for all their efforts to support the organisation and to improve the quality of life of Timorese women and their families.

We thank you again for your support in 2010, as an individual, group or organisation, and look forward to working together in the future.

I congratulate Fundasaun Alola for our ten year anniversary and the work we are doing to strengthen women for a stronger Timor-Leste.

Feto forte, nasaun forte - Strong women, strong nation

Best regards,

Teresa Verdial de Araujo

MATERNAL AND CHILD HEALTH

Fundasaun Alola established its Maternal and Child Health Section (MCH) in February 2003 through the creation of the National Breastfeeding Association (NBFA). Since 2006, Fundasaun Alola has extended its MCH program to include maternity packs, women's health, newborn care, the safe motherhood initiative and play room at Dili National Hospital and Baucau Referral Hospital.

Infant and young child feeding is a global strategy that was adopted by Timor-Leste in 2006. It is now a national program at the Ministry of Health (MoH) under the Nutrition Department and Fundasaun Alola is responsible for running it across the country. Fundasaun Alola is involved in the training of health care workers in infant and young child feeding and also established Maternal and Child Health Community-Based Groups, specifically Mothers Support Groups (MSG) and Suku Hadomi Inan no Oan (Village Loves Its Mothers and Children) (SHIO). These groups act as a grassroots mechanism for the dissemination of key health messages to mothers and families through information;

- to encourage and support mothers to breastfeed exclusively for the first six months and to continue breastfeeding for at least two years along with the introduction of appropriate complementary feeding in Timor-Leste.

- to raise community awareness about birth preparedness; recognize danger signs during pregnancy, child birth and postpartum; and to assist and support women with obstetric complications with transport to a health facility.

HEALTH FACILITY-BASED ACTIVITIES PROGRAM

Infant and Young Child Feeding Training for Doctors

Infant and Young Child Feeding (IYCF) is an intensive course designed to combine three topics in one course - breastfeeding, complementary feeding and infant feeding and HIV counselling. This training is developed by Infant Baby Food Action Network (IBFAN) and Breastfeeding Promotion of India (BPI).

In July, Fundasaun Alola assisted MoH and UNICEF to organise IYCF training for doctors, midwives and nurses. This training was prioritised for doctors' participation. However, the limited number of Timorese doctors meant that midwives and nurses were invited to fill the gaps. The IYCF training was conducted over

13 days, including 6 days training to prepare master trainers and 7 days for counselling specialist training. The training was conducted from 12 to 26 July 2010 and facilitated by Prof. M.M.A. Faridi, an IYCF course director from India. The training resulted in 5 master trainers consisting of 3 Timorese doctors and two midwives, as well as 24 counselling specialists consisting of 12 doctors (general practitioners).

The Infant and Young Child Feeding training for doctors is crucial, as the doctors have a significant influence on mothers and family decisions on infant feeding and are often trusted by communities. The doctors' role is very important to improving infant feeding practices in Timor-Leste.

Breastfeeding Counselling at Hospitals

To strengthen national programs on IYCF in Timor-Leste, Fundasaun Alola has initiated the promotion of IYCF at health facilities by recruiting 10 people as MSG members and one midwife working at Dili National Hospital and Baucau, Maubisse and Oecusse referral hospitals. The objective is to support the newborn care program that has been implemented in the maternity ward, including the promotion of skin-to-skin contact and early initiation of breastfeeding. The program provides information and comprehensive assistance to eliminate barriers to successful breastfeeding during the mothers' and babies' stay at the hospital and the distribution of maternity packs which provide clothing for mothers and babies, as well as breastfeeding and other post-partum material information distribution.

The provision for breastfeeding counselling in health facilities is a core initiative of the MCH program to support mothers with successful breastfeeding. Support is provided to mothers to put a newborn baby directly on the breast to feed as soon as possible after birth, as well as to take action when there is a problem for breastfeeding mothers or their babies.

Family members, especially the women's husbands, eldest daughters, aunts and grandmothers tend to be the people closest to the mother, who can then support exclusive breastfeeding, thus are also key targets for the distribution of information and counselling about the benefits of breastfeeding for mothers, babies and families.

In 2010, 5894 women and 5943 relatives received breastfeeding



counselling at Dili National Hospital and in Baucau, Maubisse and Oecusse referral hospitals. At Dili National Hospital, MCH staff provide breastfeeding counselling in the maternity, postnatal, podiatric and perinatology wards, and in other wards as requested or required to provide assistance to mothers and babies who have problems with breastfeeding. MCH program staff successfully addressed 44 instances of bottle feeding that families brought from their homes after providing counselling to mothers and family to breastfeed.

Breast problems that were successfully handled by the MCH staff in 2010 included 80 cases of inverted nipples, 19 cases of one breast inverted nipple, 39 cases of engorged breasts, 31 cases of no breast milk, 11 cases of mastitis and 6 cases of sore nipples. Addressing these health concerns is also the main target for giving information and counselling on the benefits of breastfeeding for mothers, babies and families.

In addition, MCH staff provide information on contact details of breastfeeding counselors and MCH community facility based groups (MSG/SHIO) that are available in the community. These groups get information immediately if the mother has breastfeeding problems in their home when discharged from hospital.

Young Patients Play Room at Hospitals

Supported by New Community Church, Fundasaun Alola in collaboration with MoH, established two play rooms at Dili National

Hospital and Baucau Referral Hospital in December 2010. Both play rooms were inaugurated by Ms. Madalena Hajan, the Vice Minister of Health and Ms. Kirsty Sword Gusmão, Chairperson of Fundasaun Alola. Representatives from MoH and Guarda Nacional Republicana (Portugal) who donated toys for the play rooms also attended the inauguration.

Play rooms provide a place in which parents and their children who are under hospital care can access games, draw, tell stories and watch children's movies after check-ups. The play rooms also provide a space and forum to distribute information relating to breast and complementary feeding.

The play rooms are lead by MSG members who have been recruited as Alola employees at both of these hospitals. They have a very positive impact in the hospitals by helping parents to entertain and engage with their children during recovery and provide a place for children to feel more relaxed. The play rooms provide an outlet to assist parents to cope with their children's illnesses and are expected to provide an example to the government for expansion at other hospitals in the future.

The objectives set out by the play rooms are:

- to provide well-equipped play rooms for parents and children who come to hospital, especially for those who need to stay for several days in the hospital during recovery.

- to share and provide information on breastfeeding and complementary feeding to mothers and family members, especially parents of children being treated for malnutrition.

- to provide an opportunity for Mothers Support Group members (MSG) to work directly with mothers and share the knowledge that they have acquired as MSG members by Fundasaun Alola.

The total number of children that accessed the Dili and Baucau Hospital play rooms was 4953. An additional 901 parents and family members received breastfeeding counselling at Dili National Hospital.



HEALTHY BABY CONTEST AND BREASTFEEDING QUIZ

The main activity conducted by Fundasaun Alola during the National Breastfeeding Month was a Healthy Baby Contest which provided a forum for the dissemination of breastfeeding information and hygiene promotion to communities in 10 districts. The objectives of the healthy baby contest are to encourage mothers to exclusively breastfeed their babies for the first six months, to take the baby to health facilities or SISCA posts for monthly weighing and to improve infant and young child feeding practices. 665 were babies entered and 293 babies were selected as winners of the contest based on five criteria:

- exclusively breastfed for their first six months
- had undergone regular weighing and growth as evidenced in their growth chart
- had received all vaccinations at the correct age (DPT3 for >9 months and measles <9 months)
- was born at a health facility, and
- could demonstrate good hygiene.

The winning babies received a prize from Fundasaun Alola. The event was attended by 1338 people including community leaders, district authorities and communities.

In addition, a breastfeeding quiz and other activities were held by Fundasaun Alola in 16 villages in which new Mother Support Groups and SHIO groups had been established. The quiz was conducted as part of the information dissemination program at community level.

The objective of the event is to reinforce the community members' knowledge disseminated by the MSG/SHIO members on Infant and Young Child Feeding which they have obtained through a four days training conducted by the Fundasaun Alola. The team that won the quiz received a prize from Fundasaun Alola. The breastfeeding and complementary feeding quiz involved members of the MSG and SHIO groups and was attended by 500 people.

EXCLUSIVE BREASTFEEDING SUPPORTED BY MSG/SHIO MEMBERS

The Global Strategy on Infant and Young Child Feeding (WHO, 2002) details that, 'Exclusively breastfeeding' means giving the infant nothing but breast milk (no water, no other liquids or foods) from 0 to 6 months.

To support this, the initial actions of MSG/SHIO members were to provide counselling to women on exclusive breastfeeding for the first six months. As a result, their involvement contributes significantly to the development of the health sector in Timor-Leste. Based on the 2003 Demographic Health Survey, 30% of babies were exclusively breastfed for the first six months, whereas the 2009-10 survey revealed this to be 52%. A large number of exclusive breastfeeding mothers became members of the MSG/SHIO and in turn provided breastfeeding counselling to their friends. Mothers reported that exclusive breastfeeding requires ongoing support from family, husbands and neighbours so mothers could not be influenced to give other food and drinks to their babies before 6 months of age. Details are shown below:

District	Areas of MSG/SHIO groups	Number of breast-feeding babies
Baucau	17	60
Lospalos/Lautem	3	106
Viqueque	3	18
Manatuto	5	12
Dili	5	60
Aileu	3	15
Ainaro	4	30
Liquiça	4	24
Ermera	3	51
Oecusse/Ambeno	10	67
TOTAL	57	443

HARMONIA IHA FAMILIA

This project reflects a partnership between the Psychiatry Research and Teaching Unit, University of New South Wales and the Alola Foundation Timor-Leste. The project is supported by a grant from the Australian Research Council (ARC). We designed the research project with the Alola Director and staff from the Maternal and Child Health Unit. We have consulted with a network of women's agencies and this network was involved in information sharing sessions and cross checking of findings.

The naturalistic research approach was suitable to follow-up the findings of a previous epidemiological mental health study (known as ETMHENS study), particularly the common experience of anger amongst women that was considered problematic to the woman or her family (Silove et al, 2009).

A mixed methods approach was employed to recruit women from the existing ETMHENS epidemiological data base, in essence, following up women five to six years later. From the database of 664 women participants, 177 were identified at baseline with anger (Silove et al, 2009). We interviewed a sample of these women, half from rural Hera and the other half from urban Becora. We also interviewed a smaller sample of women who did not have anger in the ETMHENS study to allow for the examination of changes in anger status across time. Phase 1 of the research involved the application of semi-structured exploratory in-depth interviews. Phase 2 used a more structured approach, based on knowledge gathered in an iterative fashion from Phase 1.



The final phase involved a focus group with staff members in NGOs and other agencies working specifically with women. These expert informants reflected on the causes and manifestations of anger observed from our interviews with women, and from their direct experiences with the women they assist and support. The focus group considered the possible causes, perpetuating and protective factors, and the familial and social consequences.

We are currently analysing the data. Overall, there appears to be a degree of improvement in women's level of anger over time although this trend needs to be confirmed by the ongoing analysis. Nevertheless, anger and its manifestations continue to present a major problem for women

and their families. Early insights suggest that a complex pattern of disadvantage and distress lead at times to severe manifestations of anger and frustration. Relevant factors include past trauma and loss, current socio-economic hardship and changes in expectations in relation to traditional roles. These factors are impacting on women and their relationships, their capacities to parent and support the family and their ability to engage more effectively in existing (or future) opportunities related to the development of Timor-Leste.

We will be publishing reports on our research findings which will be widely circulated and discussed with the view of developing a strategy to translate findings into policy, interventions and existing programs during 2011 and 2012.

EDUCATION AND LITERACY

Fundasaun Alola's Education and Literacy Program seeks to promote best practice teaching and learning models across Timor-Leste. This involves working with all members of the education community - Ministry of Education, schools, principals, teachers, students and parents - to advocate the importance of education for individuals and communities.

In 2010, Fundasaun Alola continued to work towards its objective to capacity build to expand opportunities for women through increasing access and quality of education for women and children in Timor-Leste. In order to achieve this, the Education and Literacy Program delivered training to teachers across Timor-Leste, developed educational resources in local languages and/or using local materials, and provided scholarships to disadvantaged female students through its Teaching and Learning, Education Resource and Scholarships Programs.

SCHOLARSHIP PROGRAM

In mid-2009, the Scholarship Program underwent an evaluation that led to recommendations to reposition the program to support more girls from remote areas to continue with their secondary studies, and to provide a mechanism to promote ongoing awareness in Timor-Leste of the value of women's participation in education. Called the 'Girls Education Award', the recommendations from the evaluation were taken up in 2010 and commenced with three girls from each of Timor-Leste's 13 districts receiving significant scholarships that will allow them to attend the full three years of secondary school.

Through 2010, Fundasaun Alola continued to provide scholarship funds to existing recipients with a view of supporting them through to the completion of their schooling.

From January and June 2010, the Scholarship Program established bank accounts for each student and processed first payments by bank transfer to 39 new recipients of the Alola Girls Education Award, as well as 24 existing scholarship recipients attending primary school, 33 at junior high school, 172 completing secondary school and 160 at universities. Second annual payments were made to each student between July and December. Going forward, the Girls Education Award will work closely together with local NGOs, Fundasaun Alola's Advocacy Program Field Officers and Education Superintendents in 13 districts.

TEACHING AND LEARNING PROGRAM

In 2010, this program provided pre-primary and primary teacher training, undertook regular school visits and supervised the rehabilitation to two pre-primary schools.

Pre-Primary Teacher Training

Pre-primary teacher training was undertaken in cooperation with the Ministry of Education to nominate and assess 15 teachers in the Dili district for training. The training was also attended by six local teachers who were unable to attend in 2009. The training is designed to model best practice teaching and learning methodologies for early literacy and numeracy. 21 teachers undertook unit 107, 'Teacher Professionalism (You Are The Teacher)' and unit 109, focusing on art and gender-awareness in the curriculum.

Primary Teacher Training

Primary teacher training has a focus on numeracy and literacy education and provides teachers with an improved capacity to deliver relevant, interactive classroom activities. This training develops the teachers' knowledge and understanding of using learning materials effectively in the classroom with a particular focus on materials developed by the Ministry of Education and natural materials available to teachers in their immediate environment. Primary teacher training was carried out in Dili, Baucau, Liquiça and Ermera districts for 133 teachers.

School Visits

The Teaching and Learning Program selected four pre-primary schools (739 students in total) and eight primary schools (2041 students) at which to conduct weekly visits around the Dili district in order to model quality teaching and learning methods for teachers and students. School visits are intended to introduce teachers and students to a variety of different, interactive activities based on the curriculum of Timor-Leste across all subjects. Most school visits include science experiments, reading and storytelling, literacy activities using Ministry of Education resources, arts and craft, singing and interactive games directed at gross motor skill development.

Rehabilitation of Preschool Buildings

The Education Program undertook the rehabilitation of two facilities in 2010 - Seloi Kraik Preschool in Aileu, currently accommodating 50 students and 3 teachers, and Caridade Preschool in Dili, with 120 students and 4 teachers. Fundasaun Alola identified that the school buildings, toilets and circumference fences were all in need of repair. For this reason, Fundasaun Alola's Education and Literacy Program undertook a construction and rehabilitation project. The teachers from these schools were already involved in Alola's pre-primary teacher training focused on literacy and numeracy (classroom management, creating local materials based on the Timorese context and centre activities).

EDUCATION RESOURCE CENTRE

The Education Resource Centre (ERC) was established on 30 February 2010 to provide a model classroom and learning centre for Timor-Leste's teachers with an aim to improve the quality and effectiveness of the education provided to children.

The Balide location of the centre was offered by the Ministry of Education and provides a good base to be accessed by teachers who undertake teacher training at other buildings onsite. The ERC shares a campus with SEFOPE and is easily accessible by large groups of children and visiting teachers.

Literacy and Numeracy with Community Children

Alola's Education Resource Centre has continued to deliver before and after school literacy and numeracy lessons for 424 children and 50



parents in the community. These activities are focused on supporting early numeracy and literacy in children and promoting their active engagement in education through community involvement. The program has compound benefits as many local parents attend and participate in the program with their children. Literacy and numeracy sessions are conducted thrice weekly at no cost. They include all aspects of learning - physical development, fine motor skills, social development, arts and crafts, and concentrate especially on early numeracy and literacy skills.

ERC Visits from Primary Schools

The Education Resource Centre received 562 students and 44 teachers from 20 schools in 2010. School groups that visit the Education Resource Centre are provided with interactive lessons that model active learning and behaviour management strategies for teachers. The sessions are undertaken according to formal lesson plans and involve the use of various resources.

RESOURCE DEVELOPMENT

The development of educational resources falls under the banner of the Education Resource Centre and is geared toward filling a significant gap in local language learning resources. Fundasaun Alola's Education and Literacy Program is committed to creating materials that can support children in Timor-Leste in early literacy. Fundasaun Alola develops and publishes children's readers and also undertakes the task of translating selected English books into Tetun. In 2010, Alola received permission to translate and print The Peasant Prince by Li Cunxin, which was launched on 2 September 2010. The team further finalised production of two local language books - Macamaca and Kip ho Lakisoru which are currently being printed in Fataluku and Tetun, as well as several children's readers in Tetun. Educators and the public continue to show great interest in Alola's publications and we look forward to our new publications in 2011.



ECONOMIC DEVELOPMENT

In 2010, the Economic Development Program expanded their activities in the areas of cultural preservation, cultural heritage and livelihoods. The program maintains objectives to support women in the districts, especially those who are vulnerable, to improve their quality of life through programs that promote cultural preservation, heritage, livelihood and how they manage their finances in order to improve their income and economic circumstances.

PRESERVATION AND PROMOTION OF CULTURAL HERITAGE

While this component is independent, it remains closely related to livelihoods. This program looks specifically at Timorese cultural traditions. The Economic Development Program has undertaken research about traditional tais, motifs, purpose and structure in specific districts – Suai, Bobonaro, Lospalos, Oecusse, Baucau and Viqueque. When staff visited artisans in these districts, they sought information about the motifs used on the tais, colours, purposes and design from the community. Alola staff also seek information on natural plant dyes that have traditionally been used to create dyes for black, green, red, blue and various other colours. These plant dyes are identified by Alola staff in order to sample and undertake further testing at Alola's laboratory as to whether or not the dyes are colourfast and long-lasting. Successful recipes received from weavers are stored in Alola's database.



LIVELIHOODS ACTIVITIES

The livelihoods program includes activities such as tais weaving, chicken-rearing and microfinance. At present, Fundasaun Alola works with 55 groups of artisans across all 13 districts including Atauro in Dili district. These groups work separately on a range of arts such as tais and basket weaving, wood carving, producing local soap, coconut oil, ceramics and produce (vegetables and flowers). Each month, staff from Alola travel to the districts to meet with the groups, examine their products, improve product quality and encourage the use of natural dyes and materials. The Economic Development Program also connects artisan groups with Alola's Taibesi Production Centre and

shop. When tais are needed, Alola's Taibesi Production Centre contacts the Economic Development Program to connect with artisan groups in the district from which they need tais. Some of these tais are then delivered to the production centre to be made into bags, purses, tissue boxes, bowls, folders, documents bags and various other products. Items produced at the Taibesi centre are then sold at the Alola Esperansa shop or at Dili's Nicolau Lobato International Airport.

ALOOLA FAIRS

Each year, the Economic Development Program coordinates two large events – the Easter and Christmas fairs. Fundasaun Alola invites artisan groups from all 13 districts to participate. The day before the fair, staff from Alola meets with the groups to evaluate their products, advise on quality and assist with pricing. The fairs are open to the public and buyers looking to purchase local products for their families. In 2010, the total takings for the groups was 7% less than in 2009. This indicates that products from artisans groups are being promoted and displayed to the public. On this occasion, Alola

undertook an evaluation with artisans groups who reported that they were happy with the fair as it enables them to sell their local products, and generate income to sustain their families and children.

At the Christmas Fair in 2010, the Economic Development Program also organised a demonstration of the process of making and applying natural dyes.

PROFESSIONAL DEVELOPMENT THROUGH PARTNERSHIPS

Fundasaun Alola has established a partnership with an Indonesian NGO – Yayasan Pecinta Budaya Bebal (YPBB – Culture Lovers Foundation Bali) in order to improve the capacity of staff with natural dyes, identifying plants from which to sample colour, and evaluating the quality of tais in Timor-Leste. In June 2010, two staff travelled to Indonesia (Belu, Atambua, Bali) in order to improve their capacity by studying natural dyes with YPBB artisan groups in West Timor. As well as this, Alola staff accompanied staff from YPBB to visit their artisan groups in Kupang, Atambua and Belu to watch them examine the quality of tais that use natural dyes and natural materials and to



observe transactions between YPBB and tais weavers in West Timor. The experiences that staff from Alola had with YPBB will be shared with staff from Timor Aid and artisan groups across Timor-Leste. Furthermore, Alola staff will seek to ensure community participation in this program so that they experience the traditional ways left by their ancestors. This information is not new to communities but because many influences have come from other countries, groups are less inclined to produce organic products and the traditional techniques that grandparents used can be passed on to new generations.

INTERNATIONAL EVENT

In August 2010, teams from Fundasaun Alola and Timor Aid went to Bali, Indonesia, to run a small workshop in Ubud looking at the outcomes from travel and joint activities throughout the year and to develop a new plan for the 2011 fiscal year. During the workshop, they each gave a presentation on the outcomes of activities achieved in the middle of the year to determine which had been done and identify challenges.

ALOOLA ESPERANSA

For the past three years, Alola Esperansa has been working towards establishing itself as a handicraft business independent from Alola Foundation. In 2010, this division was successfully reached and Alola Esperansa is pleased to announce that it now stands as an independent business, employing 30 Timorese weavers, sewers, cutters and administrators.

Alola Esperansa sources tais products with an objective to preserve, protect and increase the value of local handicrafts in order to support women's economic development particularly in rural areas, in doing so, enhancing the everyday economy of women, enabling them to send their children to school and access health services.

Alola Esperansa sources tais from women's weaving groups from 13 districts within Timor-Leste. These groups were established through the Alola Foundation's Economic Development Program.

Each year, the Alola Foundation coordinates Easter and Christmas fairs which provide an opportunity for producer groups to come to Dili and sell their local products. Alola Esperansa uses the annual fairs as an opportunity to purchase high quality tais which were not sold on the day. The tais are then sent to Alola Esperansa's workshop where they are made into other products such as bags, pencil cases, mobile phone and lipstick cases, compendiums and other high quality made to order products. Finished products are sold at two retail outlets: the Alola Shop and Dili Airport.

Alola Esperansa uses Fair Trade principles which promote equitable prices, environmentally friendly methods of production and not using child labour.



ADVOCACY

In order to promote women's rights in all areas, in 2010 Fundasaun Alola's Advocacy Program has continued to advocate for women's rights, particularly in the areas of women's political participation and decision making, reproductive and sexual health, education and economic participation in order to promote women's issues, find solutions, and give attention to eliminating the causes of women's human rights violations. To undertake this work, Fundasaun Alola collaborates with other relevant organisations with the objective of ensuring women's lives are free from all forms of violence and any other women's rights violations as understood in both the national and international contexts.

A notable aspect of the Advocacy Program's work during this period has been its significant involvement in advocating for a national law against domestic violence. In 2010, a law against domestic violence was finally approved and promulgated by the President of the Republic as Law Number 7/2007.

The Advocacy Program has conducted other activities with partner organisations during 2010, as per the following:

- In order to undertake the best possible advocacy for the rights of women and children, the Advocacy Program has been involved in organisational networks, including the Rede Referral Nasional which is co-ordinated by the Ministry of Social Solidarity, together with service providers including the Policia VPU Nasional, FOKUPERS, Casa Vida, Pradet Timor-Leste, Judicial System Monitoring Program (JSMP), Forum Komunikaun ba Juventude (FCJ), and Caritas Australia among others. As with this part of the advocacy program, staff also attend high level meetings every three months and call for strategic advocacy meetings with leaders from the State Secretariat for the Promotion of Equality (SEPI). The objectives of these meetings include advocating the rights of victims of Gender Based Violence (GBV) and ensuring that the mandates of the Law Against Domestic Violence are adhered to.
- With a view to marking a 16 day campaign of action on domestic violence against women, the Advocacy Program undertook to socialise the Law against domestic violence for 23 staff of Fundasaun Alola together with 21 young women who access Alola's Women's Resource Centre. The objective of this socialisation was to increase participants' understanding of the content of the law.
- Other programs have been conducted to support districts to finalise a transformation agenda and resume discussions on

leadership, especially potential women leaders and woman representatives in current suku leadership positions, as well as to stakeholders in the areas of leadership and gender. With the intention of responding to the outcomes of these discussions by September 2010, Fundasaun Alola has signed an agreement with GTZ to undertake leadership training in 6 districts: Manufahi, Covalima, Lautem, Manatutu, Ermera and Liquiça.

DISTRICT SUPPORT PROGRAM

Based on Fundasaun Alola's strategic plan, the District Support Program began to implement Leadership Training in the Lospalos, Iliomar and Lautem II subdistricts of Lautem for a total of 90 participants. The objectives of this training are to increase the leadership capacity of women leaders and youth representatives in suku councils as per law number 3/2009 regarding the duties and responsibilities of suku leaders, public speaking, program management, leadership and social transformation, problem solving, culture, etc. This training also targets women with leadership potential in each suku so that they are encouraged to candidate themselves in coming elections. Prior to the implementation of this project, staff from Fundasaun Alola attended three days of Training of Trainer (ToT) in order to best facilitate training in district locations. This training was financially supported by GTZ and internally by Fundasaun Alola.

Another project, facilitating community discussions about reproductive and sexual health in partnership with Marie Stopes International (MSI), was conducted to assess men, women and young people of reproductive age to provide information about sexual and reproductive health (SRS). The project title was Extending the Reach: Comprehensive Sexual and Reproductive Health for Vulnerable Communities in Rural Timor-Leste. This training was delivered in six districts - Baucau, Maliana, Ermera, Atauro, Ainaro and Viqueque - with a total of 1883 participants in 2010.



WOMEN'S RESOURCE CENTRE (SENTRU REKURSU FETO - SRF)

Fundasaun Alola's Women's Resource Centre is a public space and place of friendship for women and youth. SRF continues to spread information on gender based violence, provide basic computer courses, training in writing curriculum vitae, and work with field officers to distribute education campaign information and materials in the districts. 120 people access the centre each week from women's groups including women who have not been able to complete their studies and male and female university students.

One component of educating youth at SRF is the provision of information based on life skills, human trafficking, sexual and reproductive health, public speaking and leadership. Each training group can accommodate between 20 and 25 participants. Education training in life skills in 2010 was successfully delivered in Dili, Viqueque (Ossu), Manatutu (Laleia), Ainaro (Maubisse), Same (Betanu) and Ermera (Gleno) to a total 280 male and female participants. This training in life skills includes a new training module: Pre-Parenting Life Skills. The training is supported by UNICEF.

In line with campaigns about women's rights, SRF also conducted activities to commemorate international events such as International Women's Day on 8 March 2010. This celebration was hosted by Fundasaun Alola together with GMPTL, MSITL, GFFT and Rede Feto Timor-Leste and involved a regional conference on women's reproductive health, family planning and sexual education at Delta Nova. The objectives of the conference were to identify problems

that communities face relating to reproductive health, family planning and sexual health, as well as community access to nearby health facilities which are able to pass on challenges that community members report regarding ministerial responses. 140 people took part in this conference.

HUMAN TRAFFICKING

In 2009, rather than seeking to increase community consciousness about human trafficking by distributing educational materials in all districts, Fundasaun Alola collaborated with the International Organisation for Migration (IOM) and MTV Exit to organise a concert featuring Indonesian bands with the objective of increasing community understanding about human trafficking in both Dili and Baucau.

Another activity where Fundasaun Alola partnered with IOM was the development of a standard operating procedure and a booklet listing service providers relevant to the issue of human trafficking in Timor-Leste.

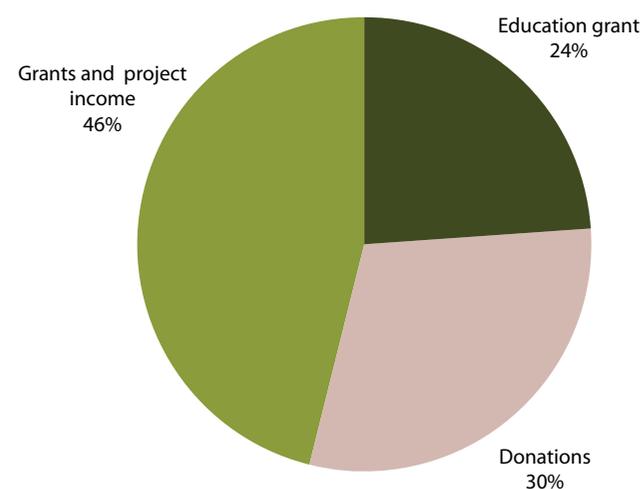
Other activities included quarterly meetings with partners in migration and trafficking, and assisting with the development of a national referral mechanism for human trafficking. Furthermore, Alola participated actively in the development of a Draft National Plan of Action on human trafficking as a member of a sub-commission which included government bodies and NGOs, lead by the Foreign Ministry with technical support from IOM.

FINANCIAL REPORT

INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2010

	2010	2009
	\$	\$
Revenue	1,114,367	1,419,680
Other revenue	-	941
Administrative expenses	-438,096	-341,922
Project costs	-738,962	-972,684
Surplus/(deficit) after income tax	-62,691	106,015

REVENUE

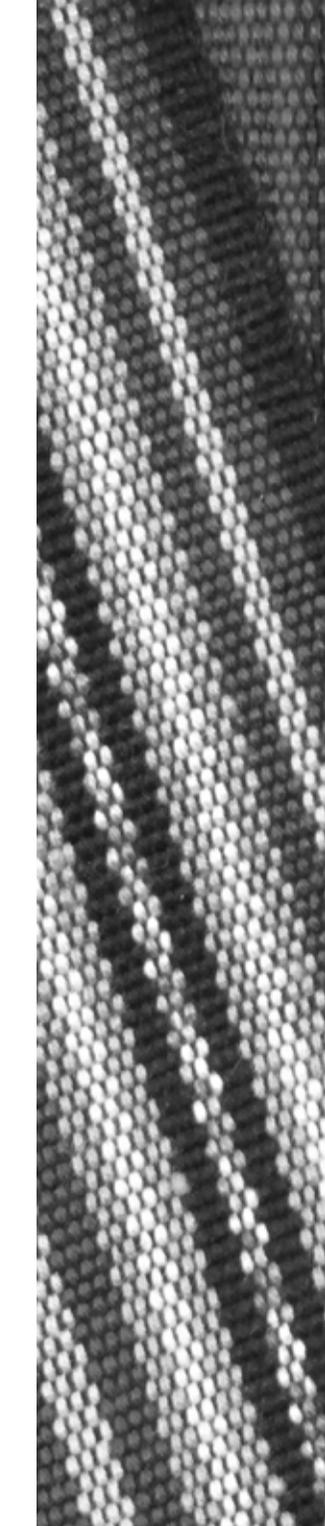


BALANCE SHEET AT 31 DECEMBER 2010

	2010	2009
	\$	\$
ASSETS		
Current Assets		
Cash and cash equivalents	122,401	200,785
Trade and other receivables	194,898	115,629
TOTAL CURRENT ASSETS	317,299	316,414
NON-CURRENT ASSETS		
Property, plant and equipment	104,400	54,464
TOTAL NON-CURRENT ASSETS	104,400	54,464
TOTAL ASSETS	421,699	370,878
CURRENT LIABILITIES		
Trade and other payables	331,761	230,271
Short term provisions	27,706	15,684
TOTAL CURRENT LIABILITIES	359,467	245,955
TOTAL NON-CURRENT LIABILITIES	-	-
TOTAL LIABILITIES	359,467	245,955
NET ASSETS	62,232	124,923
EQUITY		
Accumulated Surplus	62,232	124,923
TOTAL EQUITY	62,232	124,923

CASH FLOW STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2010

	2010	2009
	\$	\$
CASH FLOW FROM OPERATING ACTIVITIES		
Receipts from customers	1,102,789	1,465,877
Payments to suppliers and employees	-1,109,216	-1,430,004
Net cash generated from operating activities	-6,427	35,873
CASH FLOW FROM INVESTING ACTIVITIES		
Payment for property, plant and equipment	-71,957	-47,455
Net cash used in investing activities	-71,957	-47,455
CASH FLOW FROM FINANCING ACTIVITIES		
Net cash generated from (used in) financing activities	-78,384	-11,582
Net increase in cash held	-78,384	-11,582
Cash at the beginning of the financial year	200,785	212,367
Cash at the end of the financial year	122,401	200,785



SUMMARISED INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF FUNDASAUN ALOLA

We have audited the accompanying financial report of Fundasaun Alola, which comprises the balance sheet as at 31 December 2010 and the income statement, statement of recognised income and expenditure and cash flow statement for the year ended on that date, a summary of significant accounting policies and other explanatory notes and the directors' declaration.

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

In conducting our audit, we have complied with the independence requirements. We confirm that the independence declaration provided to the directors of Fundasaun Alola, would be in the same terms if provided to the directors as at the date of this auditor's report.

In our opinion, the financial report of Fundasaun Alola, including:

- a. giving a true and fair view of the company's financial position as at 31 December 2010 and of their performance for the year ended on that date; and
- b. comply with Timor-Leste regulations.

Name of Firm: Houston & Co. Pty Limited



Owen Houston

Name of Partner: Owen Houston, Registered Company Auditor No 4548

Dated this 18th day May of 2011



BOARD OF DIRECTORS & OFFICE HOLDERS

Ms Kirsty Sword Gusmão (Chair)

Former First Lady of Timor-Leste; Founder and Chair of Alola Foundation, Founder and President of Dili Institute of Technology, Founder of Xanana Reading Room, President of the Advisory Committee of the National Director of Linguistics, Member of the Board of Directors of Moris Rasik, Andrew McNaughton Trust, Patron of the Blair Forster Memorial Trust, and Goodwill Ambassador for Education, Timor-Leste

Ms Christine Carberry (Treasurer)

CC Business Solutions Lda, Former Financial & Systems Manager, Australian Foundation for the Peoples of Asia

Ms Isabel Guterres

Chief Executive Officer, Cruz Vermelha Timor-Leste (Red Cross Timor-Leste)

Ms Marina Braz da Costa

Deputy General Manager of Alola Esperansa

Mr Stanley Poh Leng Tong

Businessman and Chair of the MILK Group of companies, founder of the MILK Foundation

Ms Lurdes Bessa

Political Assistant, Embassy of the United States of America

Sra Avelina Costa

Director of Basic School Education, Ministry of Education

Sra Natalia de Araujo

Director, Dili District Health Services

Sra Carmen Cruz

National Director of Social Services, Ministry of Social Solidarity

Danilo Afonso Henriques

Former Executive Project Manager, DIGICEL Timor-Leste

OUR STAFF

Thank you for your hard work and enthusiasm.

CHIEF EXECUTIVE OFFICER

Teresa Verdial de Araujo (Alita)

MANAGERS

Monica G. Guterres (Operations)

Veronica Correia (Maternal and Child Health Program)

Alzira Reis (Advocacy Program)

Inacia Tamele (Education and Literacy Program)

Cecilia da Fonseca (Economic Development Program)

Ofelia Napoleão (Alola Esperansa)

MATERNAL AND CHILD HEALTH

Angelina M Fernandes

Aquelina Imaculada

Albertina de Rosa

Amelia Amaral

Beatriz Ximenes Sequeira

Brigida Filomena de Araujo

Celestina Fernandes de Oliveira

Elisa Savio

Flavia Maria

Graziela Mendes Ribeiro

Isabel Pereira

João M Marçal Ornai

Justina Pereira

Lazaro Lelan

Liliana Pires

Lizeti Ribeiro Moura

Luisa Amaral

Mafalda da C Cabral
Maria I Guterres
Marciana Maria Freitas
Moizes da Silva
Pascuela J Handayani
Pasquela Soares
Zulmira Fonseca

EDUCATION AND LITERACY

Ana Mafalda
Dulce Pereira Lopes
Ema de Sousa
Ester Correia
Hermenegildo Amaral
Jose Noronha
Linda Isa B Belo
Luis Moniz Cardoso
Maria Goreti Ut
Maria Imaculada Conceição
Marta Moniz
Nuni Maria Nobre
Suzanna van Meegen

ECONOMIC DEVELOPMENT

Casiano de Jesus
Ilda da Cruz
Jacquelina Maria F Ximenes
Jose Ximenes
Luis da Costa

ADVOCACY

Adalberto Bento Ferreira
Angelo Perreira
Apolonia M da Costa
Beatriz Sarmento

Elisita Roserio
Eldina I Tilman
Elda Barros
Filomena Reis
Francisca Ribeiro Fraga
Francisco M Belo
Farrah Lourdes
Graciana da Silva
Jacinta da Cruz
Joanico Oliveira
Joana da Silva
Joana Villa Nova
Joanina da Costa
Joanina Salcina Gomes
Josefina Quintão
Luciana Guterres
Maria Monteiro
Maria de Jesus Pereira
Maria Adelaide Neves
Maria Fatima Pereira
Paulina Assis Belo
Sancha Miss Salsinha

ALOOLA ESPERANSA

Alarico Caldeira
Aleixo de Araujo
Angelina Tans
Angelina Soares
Afonso Henrique
Anabela Alves da Costa
Bendita Eko
Carmelita Amaral Sousa
Cristiana R Carvalho
Domingas da Costa
Fatima Mendonça
Filomena da Silva
Goretti Gonçalves de Oliveira
Helena Vieira
Helen Gomes
Helena Maia
Idalia S Xavier
Jacinta Magno

Jonata de Jesus Lopes
Judith Fernandes
Lidia de Jesus
Luciana de Jesus Hornay
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Maria Filomena Alves
Maria Lurdes Ferreira
Maria de Fatima Ramos
Madalena da Silva
Mateus Mau
Marina Braz da Costa
Rita dos Santos
Salzina Ximenes
Sebastiana B da Silva

OFFICE SUPPORT

Abrão Lorenço
Adalziza Dias Ximenes
Canisio Bareto
Domingos Alves
Domingos Soares
Domingos Marques
Filomena da C Pacheco
Francelina Branco
Gabriela Benevides
Gaudencio Bas Melo
Jacinto de Carvalho
João Bosco
Julio Hornay
Julião Santos Freitas
Juana Belo da Costa
Margarida Sarmento
Pascoal da Silva
Paulino Ximenes
Rosa Boavida
Paul do Rosario P Gama
Rosalina dos Santos
Rosita dos Santos
Rui Manuel Belo
Santina de Araujo
Terezinha Siqueira da Costa
Thomas Fatima
Eugenio Marçal





THANK YOU

On behalf of the women of Timor-Leste, we would like to thank all our partners and donors for their kind support and generosity in 2010.

MATERNAL & CHILD HEALTH

Gulbenkian Colouste Foundation
ENI
ConocoPhillips
Merri Community Health Centre
UNICEF
OXFAM Australia
Australian Foundation for People of Asia and the Pacific
University of New South Wales
MILK Foundation
Woodside

ADVOCACY

FOKUS through NET
Australian Capital Territory Government
Rotary Club, Dili
UNIFEM
UNFPA via SEPI
BELUN
European Commission through MSI Timor-Leste
MDG Achievement Fund through IOM
Ministry of Social Solidarity
Trocaire and Irish Aid through RMIT
Australian Foundation for People of Asia and the Pacific
GTZ
MILK Foundation

EDUCATION & LITERACY

ConocoPhillips
MILK Foundation
Andrew McNaughton
Australian Capital Territory Government
Dentist Group
Rotary Club of Melbourne
Friends of Ainaro
Nelson Bay Rotary
Camara Municipal de Oliveira de Azemeis through Fundasaun Xanana Gusmão
Sorooptimist International

ECONOMIC DEVELOPMENT

Plan International
National Directorate of the Ministry of Tourism, Trade and Industry
Beryl J. Spechler
Toyota Foundation through YPBB
Ministry of Social Services
Japan International Cooperation Agency
Roy Hamilton
MILK Foundation





design by amaz amir

alola foundation

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