



# 2018

## ANNUAL REPORT





# FUNDASAUN ALOLA

*"Strong Women Strong Nation- Feto Forte Nasaun Forte"*

**WOMEN OF TIMOR-LESTE HAVE EQUAL STATUS IN ALL ASPECT OF LIFE**

(Access, participation, role in decision making, enjoyment of benefits) THROUGH EDUCATION, ECONOMIC EMPOWERMENT HEALTH AND COMMUNITY LEADERSHIP

## MISSION:

*To Promote Women's Rights And Increase Women's Leadership Capacity, Improve Health Status Of Women And Children, Increase Access & Quality Of Education For Women And Children, Strengthen Women's Small Enterprise At The Grassroots Level.*

Equality		Justice	Participation	Respect	
Advocacy		Maternal & Child Health	Education	Economic Empowerment	Management
Promote Women's Human Rights		Improve Women's And Children Health Status	Improve Quality And Access To Education	Strengthen Women's Economic Participation	Effective and efficient management & HR system
<ul style="list-style-type: none"><li>• Campaign for women's human rights</li><li>• Strengthen women's leadership</li><li>• Strengthen networks with all partners</li><li>• Empower women in all areas in municipalities</li><li>• Assist women to access information and understand their rights</li></ul>		<ul style="list-style-type: none"><li>• Reduction of IMR, MMR, MMBR and Under 5 child malnutrition rate</li><li>• Promotion of exclusive breastfeeding and complementary feeding (through community-based groups at the village level )</li><li>• Empower community-based groups to support MCH at the village level</li><li>• Support MoH to implement Nutrition and MCH Program</li><li>• Program collaboration with international and government partners at national and district level</li></ul>	<ul style="list-style-type: none"><li>• Promote the importance of education with whole community involvement</li><li>• Provide training to improve teachers' teaching ability</li><li>• Resource development in Tetun and Portuguese and using local resources</li><li>• Work collaboratively with MOE and other education organizations to develop holistic education program</li><li>• Expand Education opportunities</li></ul>	<ul style="list-style-type: none"><li>• Improve the status of women in enterprise</li><li>• Increase income generating opportunities</li><li>• Promote economic independence for women</li></ul>	<ul style="list-style-type: none"><li>• Establish responsive system from program management and evaluation</li><li>• Ensure transparency and accountability in financial management</li><li>• Ensure quality facilities' management and process</li><li>• Maintain endowment funds for future programs</li><li>• Performance appraisals annually and follow up on staff professional development</li><li>• Strong HR systems</li><li>• Continue to promote family friendly workspace</li></ul>

## CHAIRWOMAN'S STATEMENT

***Dr. Kirsty Sword Gusmão, AO***

I continue to delight in seeing the intelligence and sensitivity with which CEO Alzira Reis and her staff respond to ongoing and newly emerging issues facing Timor-Leste's women and children.

In spite of the political stalemate which slowed the economy of Timor-Leste in 2018, a review of Alola's 2018 Action Plan conducted in October demonstrated that all programs with the exception of the Economic Empowerment program were on track to reach their targets by the end of the year. I am immensely proud of the successful ongoing implementation of the Program Integration strategy in new villages, resulting in a maximising of our organisation's resources towards improved child nutrition, maternal and child health and public awareness of important issues including early childhood education and gender equality.

I am also very proud of Alola's leadership in advocating to reject a proposed amendment to the Decree Law on Basic Education which would have made Portuguese the principal language of instruction in schools. The Decree Law, approved by Government in 2015, mandated the use of Tetum as the initial language of literacy and learning in Timor-Leste's primary schools and aligned the curriculum with Timorese culture and social reality. Alola and our partners in civil society were successful in the campaign which was a great result from the perspective of Education for All.

Alola's Australia-based sister organisation, Alola Australia, marked 10 years of wonderful support for the women and children of Timor-Leste this year. I take the opportunity of our 2018 Annual Report to pay tribute to the dedication and passion of Chair, Maria Bohan, and all of the wonderfully talented board members. Over that period 1.6 million dollars has been raised to support the work of Alola in Timor-Leste





and the team has kept some of the most pressing issues affecting women in the country in the public eye in Australia – congratulations and a big “obrigadu barak” to our sisters at Alola Australia!

For the second year running, in 2018 I led a Study Tour of 8 Australians on a memorable week-long visit to Dili, Baucau and Balibo. The beneficiary of the fund-raising component of the tour was our women's cancer support program, HALIKU. At the conclusion of the Tour we were delighted to be able to make close to \$AUD 28,000 available to HALIKU to continue the inspiring work it does to educate women and girls about the first signs of breast cancer, the importance of early detection and breast self-examination. Accurate statistics don't exist, but we know that an untold number of Timorese women continue to die of undiagnosed and untreated breast and other women's cancers.

I thank all our many valued partners and donors for continuing to trust in our organisation to respond to our women's most pressing needs across the spheres of education, maternal and child health, economic empowerment and advocacy.

Viva Alola! Viva Timor-Leste!

  
Kirsty Sword Gusmão



## CEO's REMARKS

### *Alzira dos Reis*



One of longest position that I have been working with is as a CEO of Alola Foundation within six years. The fundamental reason that motivated myself is driven by the mission of the organization which focusing to improve women's and children's life in Timor-Leste.

During my involvement I noted that there were several contributions that have been made by the organization included thousands of students getting scholarship support and graduated, maternal and child mortality has decline, laws and policies within the country has gender sensitive and in favor to women and children, and the organization profile is recognized at national and international level. I am proud and appreciate of those who have found this organization and those continue support the mission till now.

In 2018, Alola has been allocated a number of interventions, therefore I am pleased to present the Annual Report of 2018 include narrative and finance for all partners, donors and supporters of the Foundation. Following are the outline result achieved during the year.

The integration approach had been launched in Caimauc and Manumera villages - Turiscai with the main objective to improve the nutritional status of children. As part of the initiate initiative, 2 of community groups called Village Love Mother and Babies have been established which will be as key target group to improve nutrition of children, increasing women's skill on decision making at the community and household level, reducing domestic violence through raising awareness, increasing income generating in household level. Those integrated interventions will enable its member of group and stakeholders to contribute for the improvement of nutritional status of children and mothers. I believe that this intervention will bring positive change of the lives of women and children in 2 villages referred.

Apart from that, the World Breastfeeding Week (WBW) has been commemorated with the theme 'Breastfeeding: Foundation of Life'. In commemoration of that Alola has been represented in the several talk show to promote exclusive breastfeeding and promote the importance of maternal and child health, partnering with the Ministry of Health (MoH), UNICEF and the Parliament Committee F. In addition, an interesting opportunity for



presented on the importance of education and the Alola Foundation's role to improve the quality of education in Timor-Leste with chairwomen of Alola Foundation Ms. Kirsty Sword Gusmão through TV talkshow.

Strengthen the involvement in the community groups are essential, accordingly to that four of Village Loves Mother and Babies had established in Aileu and Ainaro. Apart from that, continuing providing its services including counseling at health facilities, SISCa and communities by Alola staff and members of the community group. As a result, there were 13,519 people consist of pregnant mothers, lactating mothers, parents, community leaders, young men and women in 57 villages of 7 municipalities has benefited from activities of counseling, training and the referral services. Additionally, the Birth Preparedness Plan (BPP) has expanded to 10 villages in Baguia Sub Administrative, Baucau municipality. During the year it has supported 77% of pregnant mothers from 203 had safe deliveries. BPP projects in Oecusse succeeded in increasing the number of deliveries in health facilities and mother deliveries supported by skilled birth attendance. One of the success case is, in 2016-2017 there were no deliveries at three health posts including Malelat, Bebo and Nibin but after the intervention there were 16 mother deliveries in referred health posts.

The example of another outcome of this year was advocacy with partners to reject the amendment of Decree-Law on the National Curriculum for preschool and basic education which ultimately not approved and gender responsive budgeting toward estate budget had been submitted to parliament. Moreover, because of the training and discussion that has been delivered, it has increased consciousness of participant from 40% to 90% out of 2,542 people consist of young people and community member. Furthermore, as a result of citizenship forum that conducted in 24 village from 12 municipality shows that 80% of the problems identified have been addressed by the institutions and local government properly. An example, previously village of Manelobas there is lack of transportation to transport pregnant mother and patient to health post. Due to the advocacy in local level the government has been allocated ambulance to referred village.

It has delighted to describe that the education programs are able to establish 10 more community pre-schools and subsequently continuing putting effort to strengthen 133 community pre-schools in Ermera and Viqueque. The Pre-school has able to accommodate children with total 3,036 people and from that total there were 874 have graduated and continue to primary school. Moreover, scholarships support in 2018 had offered to students from primary to University level about 240 people and 17 were graduated from University. One more result was contributed to the improvement on the education quality of primary school it has launched the reading manual called "Matadalan Lee" which will be used by the teacher trainers. Apart from, that there was 20 primary schools had been visited and around 1,635 students participated. The intervention has been able increased percentage of reading child's reading ability of 15%.

Women's economic empowerment continues providing spaces for weaver and artisans through Christmas and Alola Fair to get more income. These fair had taken part by 90 artisan and visitor/buyer nearly 1,300 and earn a total of approximately \$22,000. Research report from the UN Women shows that the number weaver has decrease from 13,810 in 2010 to 4,965 2015 thus Alola with partners including Timor Aid and UN Women working together to advocate for the protection and preservation of the artisan products focusing to TAIS.

On the other hand, the evaluation of micro credit project shows that from 18 groups were supported by Alola 15 success and three failed. The reflection workshop had enabled the groups to learn from each other to improve their business.

The details of the achievements made during the year are presented in this report. I would like to thanks to all donor, stakeholders, and friends of Alola that had been contributed for the development of Alola and its achievement.

My special thanks goes to entire board member, particularly mana Kirsty for its bit of support to my carrier. I appreciate every staff of Alola that has been working together hand on hand working for the advancement of the one that most needed our support.

Our work is effective only when we are working together to achieve the objectives and goals we share.



Azira Reis  
CEO Fundasaun Alola





# MATERNAL AND CHILD HEALTH PROGRAMA

The Alola Foundation has long stood commitment to support in improving maternal and child health in Timor-Leste. It has indicated that Infant mortality rates are decrease from 45 out of every 1,000 to 30 children out of every 1,000 live birth and number of mothers were access to health facility for save delivery are almost 50%. Moreover, women estimated to be malnourished are declining from 27% to 23%, and 45% of children under 5 underweight decrease to 40%; and, 58% children fewer than 5 identified with stunted growth are decline to 46%. Those data has been showing that there are some improvement in area of maternal and child health. However, it's still considering higher and unacceptable thus continue to fortify its interventions trough engaging community and entire stakeholder to participate in eradicating malnutrition, and reducing maternal mortality is needed.



The Alola's Maternal and Child Health (MCH) program utilizes a range of strategies concentrating at multiple levels in nationally and municipalities' trough health facilities including hospitals, community health centers, local health posts, and within the broader community.

This report provides an overview of our major achievements in 2018.



## SUPPORTING NEW BORN CARE: PROMOTING BREASTFEEDING



Research results informs that the babies will have the best chance of health if they are breastfeeding solely for the first six months. In 2010, only 52% of babies were exclusively breastfed (Demographic Health Survey 2009-2010) and in 2016 the number has been decreased to 50% (Demographic Health Survey 2016). This has shown that a lot of effort should be made to increase the optimal infant and young child feeding especially exclusive breastfeeding practices.

In responding to that, Alola has been promoting the importance of exclusive breastfeeding targeted to the pregnant mother, breastfeeding mother, and their parents in Dili National Hospital and three referral hospitals in Oecusse, Baucau and Maubisse. The focus of counseling are cover early initiation of breastfeeding, intervention for premature and underweight babies by educating mothers on cup feeding using breast milk as well as Kangaroo Mother Care (a skin contact approach). The counseling at health facilities has been benefited by **6,380** breastfeeding mother, and parents about **7,447** people.

Moreover, Members of the Mother Support Group / Suco Hadomi Inan no Oan (MSG/SHIO) have provided counseling to mothers in SISCas (Integrated Community Health Services) on six months exclusive breastfeeding. The counseling carryout by the MSG/SHIO member has been reached to pregnant mother **1,723** and breastfeeding mother about **1,928**.

## INCREASING ACCESS TO SAFE BIRTHING: MATERNITY PACKS INITIATIVE

To increasing number of mother delivering at health facility, Alola continue providing maternity packs to mother in referral hospital and health post. **650** maternity packs had distributed this year through several Community Health Centres in Aileu, Liquica, and Baucau municipality.



Maternity Packs Beneficiaries	
TOTAL	<b>650</b>

## SAFE BIRTHING: BIRTH PREPAREDNESS PLANNING (BPP)

The main objective the birth preparedness projects interference is to support pregnant women to develop a birth plan, access professional childbirth care and gather the support of their community in organizing transport when labor begins.

In 2018, BPP project has expanded to 10 new villages in Baguia Sub municipal of Baucau municipality and continued in 18 villages in Oecusse. As a result if the intervention In Oecusse region, there were 1,222 mothers given birth in the 18 villages and from the total there were 29% deliveries at health facility, 47% deliveries at home assisted by skill birth attendance-SBA and 24% deliveries (at home which assisted by their family members.

Another achievement is increased number of women delivery at three health posts includes HP Malelat (3 Mothers), HP Bebo (5 mothers), and HP Nibin (8 Mothers) which are previously zero women delivery in 2016-2017. In addition, the health post of Pune (CHC Baque) which had only one delivery in 2017 had gain 24 deliveries within Jan-Dec 2018. This result has shown significant contribution done by the project through its activities of community discussions and also through BPP coordinators in educating and referring pregnant women to give birth at health facility for safe delivery. Within March till December 2018, the BPP coordinators had referred 377 out of 954 save deliveries happened at health facility (40%) and at home assisted by the health workers or SBA(39%) from 18 villages which means 39% of the total save deliveries happened in the targeted villages.

Moreover, BPP in Baguia Sub Municipal of Baucau Municipality has contributed to the increase number of pregnant mother had safe delivery at health facility. The data shows that 203 deliveries within 2018, 93 deliveries at health facilities (46%), 62 deliveries at home assisted by health workers (30%) and 48 deliveries at home assisted by family members (24%). From data above BPP coordinator had referred and support 33 pregnant mothers include mother's deliveries 21 out of 93 deliveries at health facility and 12 out of 62 deliveries happened at home assisted by SBA.







## PEER TO PEER COUNSELOR: EXPANDING MSG/SHIO GROUPS INTO NEW VILLAGES

To strengthening community involvement in the initiative of improving maternal and child health, 4 Mother support group-MSG or Village Loves its Mother and babies (SHIO) had been expanded in Liquica (2) and Aileu (2). Beforehand, Participatory Problem Analysis is conducted and increased member understanding on Infant and Young Child Feeding, Basic Safe Motherhood for members, and sexual reproductive health for adolescents are increased through the training.

During the year, there were **53** MSG or SHIO member had graduated and Alola continue work to strengthening 57 MSG/SHIO groups trough training and mentoring on safe motherhood and Infant and Young Child Feeding in 57 sucos (villages) out in 7 municipalities. The result of

activities undertook in the community has informed the community member and its MSG or SHIO member around **10,893** people on exclusive breastfeeding, complementary feeding of children age 0-2 year, family planning, sexual reproductive health and safe birthing practices. Furthermore, the MSG or SHIO member had provided counseling to the total of **2,346** pregnant women and **3,980** breastfeeding mothers. In addition, 42 pregnant women in remote areas to give birth at health facilities, and 79 malnourished children and 3 malnourished mothers had referred to health facilities.

Moreover, World Breastfeeding Week (WBW) with theme 'Breastfeeding: Foundation of Life' had celebrated in 14 villages in 2 municipalities attended by 586 mothers and caregivers.

## RAISING AWARENESS OF NUTRITION, MATERNAL AND CHILD HEALTH FOR COMMUNITY LEADERS

To increase the knowledge of community leaders on nutrition, workshops were held in 11 villages in Aileu and Liquica municipal. The workshop has participated by 103 leaders consist of women's groups, church representative, community leader, local authority, and youth attended the sessions. The workshop had informed the participants on importance of nutrition for the pregnant mother, lactating mother and children. Apart from that, encouraged the community and leaders to consolidate its effort in reducing number malnourishment cases in the villages.

## EDUCATION ON RAISING AWARENESS AND CANCER SUPPORT FOR WOMEN'S CANCER

The objective of HALIKU “I choose to be healed” is to inform people on the symptoms of cancer and its contributing factors. In 2018, the HALIKU project has continued its engagement through several activities includes community discussion, mini workshop and solidarity support to survivors. The community discussion and mini workshop as a mechanism of raising awareness on cancer, therefore the campaign for raising awareness had reached 1,345 people from Mother Support group member, parents', pre-secondary student, women soldiers and council and its assembly member of protestant church.

Furthermore, HALIKU project had offer solidarity support to cancer patients through referrals, transport and biopsies. During 2018, the support has been helped 25 people.

To merging its network, in August from 3rd – 5th, Alola's HALIKU team with Dili Nasional Hospital representative invited to participate in the 3rd Annual South East Asia Breast Cancer Symposium hold in Kuching – Malaysia. The symposium had increase the knowledge of four Alola staff and national hospital staff on how to improve support to breast cancer patients and advocacy for the rights of the patient.

Another event attended was Union International for Cancer Control (UICC) – World Congress hold in Kuala – Lumpur, Malaysia. The congress had enabled the participant in fundraising and establishing partnership for the future collaboration to support HALIKU.





# EDUCATION PROGRAM

The Education Program aims to improve quality and access to education in Timor-Leste. In 2018, Education program continues providing scholarship support to students at primary, secondary school and university; providing support to primary school leaders and teachers through a professional learning and mentoring project; Promoting the importance of reading within the community as whole and increasing children's interest and ability; and Expanding opportunities for early education through the Alternative Preschool (Home-based and Centre-based) in Viqueque and Ermera.

During the implementation of its activities Education Program continued engaging and collaborate with the Ministry of Education, relevant stakeholders, teachers, communities, children and students to achieved the objective of the program.

Achievements of program in 2018 are described further below.





## SCHOLARSHIPS PROJECT: INCREASING ACCESS TO EDUCATION AND CONTINUATION

In 2018, scholarship project continued its support in providing opportunity for girls to accesses to school from primary to university level. The projects has targeting to young people from remote areas, single-parent or orphaned families, gender based violence survivors and children from large families. Overall, within 2018 there were 240 students (152 F, 88 M) from primary school to university that benefited from scholarships.

Australian Government - Department of Foreign Affairs and Trade/DFAT has been support Scholarship project starting from 2010 - 2013 with the total secondary student 208 and scholarship recipients itself call **"Girls Awards"**. In 2013, there were continuation of support to student that graduated from high school to university about 52 person. As a result of the girls award scholarship, there were 22 had graduated, 19 in drafting their thesis and 10 were dropout. The factor contributed to the drop out were married and lack of support from husband and parents 90 % and 10% are without notice.

Following are the graduated student from Girl's Award pronounces on how the scholarship support benefited to them:

"My deepest gratitude goes to Australian Embassy for being committed to supporting my study from secondary till university trough Fundasaun Alola. Finally today I can graduate from university. I hope that I can contributes to the development of my family, community and nation as a strong women", said Costantina, graduate of Dili Institute of Technology (DIT)

Silvina Guterres, graduate of UNTL said "Fundasaun Alola has inspired and support me through scholarship, its advice, training and pastoral care to carry out my duties as a student and taught me to be stronger."





Apart from the DFAT support, there were several donor that has been allocated their support to students from primary to university includes Bendigo Maubesse Friendship Committee with the total student 118, Blue Mountain East Timor Sisters and Blue Mountain Together for Timor covered 23 students, Friends of Lacluta support 10 University students, Indigo Shire Atauro Island Friendship Committee support 6 University students and other individual donor that has been committed to support in increasing number of women accessing in school.

In 2018, from the total students of 240 who received scholarship support, 17 students (M:2 & F:15) finally graduated from the different universities in Dili.

In addition, the scholarship awardees had increased their skill on the workplace readiness skill. The topic training includes preparing job application, write a resume and successfully complete a job interview. Moreover, their public speaking is increased and self-confident in communication and presentations in small and wider group. The training had been participated by 25 student from girl's award.



## TEACHER TRAINING PROJECT: INCREASING THE CAPACITY OF OUR SCHOOL LEADERS AND TEACHERS

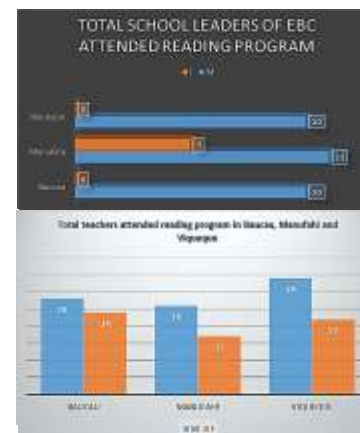
The Alola Teacher Training project continued its intervention to improve the teaching ability. In 2018, Alola has developed reading program manual which will be used by teacher from grade one and two. Beforehand, there were several consultation held with National Teacher Training team at *Instituto Nacional de Formação de Docentes e Profissionais da Educação* (INFORDEPE). The manual itself was composed 6 types of reading including Read Aloud, Shared Reading, Guided Reading, Buddy Reading, Independent Reading and Choral Reading. The reading manual is called “*Matadalan Lee*”





and its officially approved on 8th of September by the President of INFORDEPE and proceeded to printing.

In using the reading manual Alola Teachers Training team had delivered sessions of Training of Trainers (ToT) to numbers of trainers from INFORDEPE and PHD about 9 people. Moreover, the manual had been introduced to 11 PLMP (Professional Learning and Mentoring Project) accompanier from Vikeke, Baucau and Manufahi and it has been trialled at two Basic Central Schools in Manufahi with its filial schools. As a continuation, the Alola team together with PLMP team PHD team and INFORDEPE team were able delivered reading program cover 68% of the



PLMP targeted schools of phase four. There were 151 (M: 88, F: 63) grade 1-6 teachers in 13 Central Basic Education Schools or EBC in Baucau, Manufahi and Viqueque who attended the reading program. Moreover, there were 36 (M:31, F:5) school leaders in 13 EBC in Baucau, Manufahi and Viqueque who also took part in the reading program.

Another project achievement was administered funds for the five accompaniers of phase 4 in Manufahi and sustainability phase in Bobonaro. It has been contributed to the improvements students' achievement and learning by building the capacity of teachers/leaders to support the new curriculum and pedagogy in refer municipality.

## MOBILE LIBRARY PROJECT IN SCHOOLS AND COMMUNITIES – DEVELOP READING CULTURE

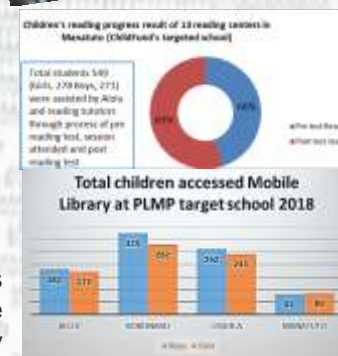
Alola's Mobile Library is designed to allow children access to the books and to develop a culture of reading with communities' involvement. Our Mobile Library operated through visiting children in remote communities to provide access to reading and other educational activities in the afternoon (after school hours). During 2018, the new initiative on integration has been applied to mobile library and PLMP with the objective to enhance children ability to reading trough access to reading materials and increase the knowledge of the children on the topics of books that access by them.







In 2018, mobile library team had visited 20 primary schools across Liquica, Bobonaro, Manatuto and Aileu with the total students visited to mobile library being 1,635 (Boys: 851, Girls: 784). These children were the students from the targeted schools of Professional Learning and Mentoring Program (PLMP). Moreover, the Alola Mobile Library project has been expanded the reading program activities undertaken in the 13 targeted schools and 13 community center in Manatuto. This project has visited the schools and reading centers every two weeks and books were handed to the centers and accessed by noce of peer and parent tutors.



Most sessions were delivered by trained parent and peer tutors as per their timetable (2-3 days after school hours). 37% sessions were conducted by Alola team and 63% sessions were conducted by parent and peer tutors with Alola's support and supervision.

During the session one of the child in Manatuto states that “After I finished my class and helped my parents at home I come to see my friends and read the books together which makes me happy and it is lovely to read with my older friends. My parents also read books to me at home and help me to do my homework”, said a child in Manatuto. Moreover, the tutor from Manatuto confirmed her commitment said “I love to support my younger friends at grade 1-3 in reading because I want them to be smart and I can read and know more books. In the future I want to become a teacher. “

## BEST START FOR CHILDREN: COMMUNITY BASED PRESCHOOL HOME-BASED AND CENTER-BASED PROJECT

In 2018 the Community Based Preschool Project continued to collaborate with the communities in supporting a total of 123 community preschools (68 Centre-based and 55 Home-based) in Ermera and Viqueque. The centres run three days a week facilitated by preschool trained facilitators with support from parents and School Management Committees (SMC). During the year there were 3,136 children compose of 1,598 girls and 1,538 boys access to Alola community preschool in Viqueque and Ermera.





Early 2018, 10 Field Officers (FO) were recruited in order to support the existing community based preschools in Ermera and Viqueque. The FO are originally from the refer municipality which comprise of 5 FO were placed in Ermera and 5 others were placed in Viqueque. The FO has been supporting the facilitator on developed lesson plans, develop teaching and learning activities. Another support given by Field Officer to facilitator was evaluate the progress and identifies the challenge faced by centre involves parents, facilitators and SMC.

To increase the SMC ability to manage the preschools, Alola had delivered training with the topic roles of SMC's, community mobilization, importance of education and other relevant topic. The training has increased the understanding of participant around 181 (M:139, F:32) on the SMC's Roles and responsibilities, importance of early education, community mobilization has increased. The training had attended by SMC members from across Ermera and Viqueque.

In 2018, there were 10 new centre based preschools has established (Ermera 9; and Viqueque 1). The community preschool has been contributed to the increased number children readiness to school and improvement of children ability on literacy and numeracy. Moreover, it has been accommodate 3,036 children and out of the total children attended 874 (Ermera 425, Viqueque 449) children have graduated and continued to primary school.







# ECONOMIC EMPOWERMENT PROGRAM

Alola's Economic Empowerment Program has two main areas comprised of handicraft development and development of women's livelihoods. The goal of this program is to strengthen women's economic participation in order to improve the status of women, to increase income generating opportunities and to promote economic independence.

This program achieved these results in 2018 through the development of rural women's capacity through training, market access opportunities to increase income and to preserve the Timorese cultural identity. The program contributes significantly to economic development of rural women's enterprise in Timor-Leste. Following are the project achievements details:



## HANDICRAFT DEVELOPMENT PROJECT: Preserving and Promoting Handicraft Products

In 2018, Alola's Economic Empowerment Program continued to provide capacity building and market opportunities for women artisans in Timor-Leste.

The project increased income for women artisans and at the same time promoted Timorese cultural identity. Activities successfully implemented in 2018 provided training on improving quality products, especially the use of natural colors in traditional fabrics, product diversification training, and basic marketing education to 21 participants (F:19 and M:2).

Apart from that, Alola's Economic Empowerment program hosted two market events i.e. Mid Fair and Christmas Fair for two days at Alola's office. The initiatives had been gather all

artisans from municipalities to sell their local products, and provide a place to promote local products to buyers both local and internationally. The products showcased were varied such as tais, scarves, ceramic, dolls, wood carvings, recycled plastic products, women's accessories, local soap, virgin coconut oil, traditional herbs, local coffee and food.

These fair had been accommodate 90 artisans groups and nearly 1,300 visitor and buyers took part in the events. As a result, the visitor's awareness on cultural identity had increased and artisans group income approximately \$22,000.00.

This project was supported by Rotary Club of Kew and the Thailand Embassy of Timor-Leste.





## IMPROVING ECONOMY FOR RURAL WOMEN: Increase Business Opportunity for Vulnerable Women

The project has been contributed for improvement of vulnerable women's skills to develop their own lives in the municipalities of Aileu and Manufahi.

These two municipalities were identified based on recommendations from local leaders and local government because it has highest risks to cases of domestic violence and young women widowed or abandoned who were registered in the Ministry (MSSI). Therefore, the two municipalities were chosen as the priorities in response to immediate gender and social inclusion issues in the municipality. The activities carried out included training on gender based violence and in business and financial management for women's groups. In Aileu municipality, the activities were held in Remixio-Fadabloco village and in Manufahi, the activities were held in Same-Betanu village. The project had a direct impact for 40 women and estimated 280 indirect beneficiaries.

In addition, the reflection meeting has been conducted as part of evaluation together with target group in shared micro lending activities, and shared their successes and challenges experienced. The reflection meeting was held successfully in Dili and participated by 27 women from 15 saving and loans groups, from 11 municipalities. During the reflection meeting, it shows that 80 % from 15 groups were success in manage micro lending activities in 2018, and the other three groups learned inspiration and lessons from the successful group's experience, and were determined to continue. This project was supported by the Ministry of Social Solidarity and Inclusion (MSSI).





## ADVOCACY PROGRAM



Promoting the Human Rights of women and children in Timor-Leste is the main objective of the Advocacy Program. In 2018, the Advocacy Program provided opportunities through forums for young people about preventing gender based violence, legal frameworks for the prevention of women's rights, Citizens Forums at the villages' level, and provided protection for the victims of gender based violence at the national level and across municipal referral networks. In addition, through research into Public Perceptions of Women's Leadership in Timor-Leste and identified the factors which limit women's participation in decision-making and research into Pathways of Women Leaders explored women's journeys into leadership roles.

Futhermore, has conducted monitoring of Advocacy Program Field Officers in 12 municipalities included Special Region of Ambeno Oecusse (RAEOA). In year 2018, the Advocacy program achieved results that included:



## WOMEN'S RESOURCE CENTRE: DEVELOP THE CAPACITY OF YOUNG MEN AND WOMEN

The Women's Resource Centre has provided a space for youth, teachers and the general community to increase their knowledge and capacity of prevention and protection against violence and discrimination. Attendance records show that in total 2542 people (F: 1624 & M: 922) accessed the women Resources Center. Based on the result of pre test show that 40 percent of participants had an understanding of gender based violence and protection, but after discussion, the post-test shows 90 percent from the total increased their skills and understanding of prevention and protection against gender-based violence. In addition, approximately 80 percent of 60 people increased their skills and understanding about how to prevent of harm from drugs, alcohol and infections.

Number of Beneficiaries	
WOMEN'S RESOURCE CENTER	
 Women	1624
 Men	922
<b>TOTAL</b>	<b>2542</b>

The Advocacy Program developed a submission of the 2018 State budget of 2018 in health and education sectors with the Gender-Sensitive Budget Working Group, and produced monitoring guidelines on CEDAW shadow reports to be implementing in 2019.

The Advocacy Program was also involved in the municipal Women's Conference as facilitator for issues of Human Trafficking and the Economy in eight municipalities. Further more, advocate to the women and children issues during the year includes infanticide /abandoned babies and incest to the relevant institutions includes: President of Dili District Administrator, Six Sub District Administrator included the 32 village councils and to the National Parliament to collaborate in ensuring the policies and the laws that protected victims. As a result of the advocacy, the pact of collaboration had signed to strengthening the role of members of village council on law 9/2016 to prevent and protect the cases of infanticide and incest.

The Advocacy Program was also able to supported and refered a total of 48 victims of gender based violence and 44 victims has been access to legal justice, shelter, counselling and humanitarian package from Fundasaun Alola and Ministry of Social Solidarity and Inclusion.



## SUCCESS STORY FROM MEMBER OF ALOLA'S MOVIMENTU FOINSA'E KOMUNIDADE

Elsa da Graca, a young women from Manatuto municipality participated in the Women's Resource Centre project in 2007. After the project ended Elsa continued access the Alola Women's Resource Centre, computers and internet, and also the monthly discussions on a range of issues. In 2017, Elsa was among 25 young women from Dili, Liquisa and Manatuto who were trained and given technical support through the Women's Resource Centre project established a group of *Movimentu Foinsa'e Komunitade* (Community Youth Movements) in Dili. As a result of the movement building, Elsa has provided training for students and communities in her municipality and in Dili. During 2018, Elsa was able to support two cases (incest and sexual violence) to the Police Vulnerable Persons Unit and local police in Manatuto municipality.



## DISTRICT SUPPORT: INCREASING WOMEN'S PARTICIPATION IN RURAL AREAS

To strengthen and empower women's voices in decision-making at the municipal level, Alola worked closely with local Women Associations and have identified 25 potential women candidates from 12 municipalities including Special Region of Ambeno Oecusse, in participate the capacity building training that provide by Fundasaun Alola in the future in order to compete in the Municipal Election.

As a part of strengthening members of village's council, they were given the opportunity to participate in a talkshow of women village chiefs, hamlet chiefs and women's delegates together in community radio in 12 municipalities to present their roles, responsibilities and challenges faced by them. The activity involved 24 women community leaders. In addition, Citizenship Forums able defined the priority issues for women and children. The Forums were held in 12 municipalities and in 24 villages and attended by a total of 1406 people. As a result of the discussion approximately 80% of the problems were addressed by the relevant institutions and local government. Changes after advocacy include:

- In the Special Region of Oecusse in Lifau village, the conditions for food preparation for student's meals were unhygienic at Tula Ika primary school. As a result of advocacy by the Fundasaun Alola Field Officer and women delegates from the Lifau village to Special Region of Oecusse, Ministry of Education, they finally got the kitchen renovated.
- In Lautem municipality, in Laivai village the issue was there that was no preschool, but they worked with the Alola Field Officer and they managed to get support from Rotary Australia to survey land and establish a preschool in their village.





- One problem of Aileu municipality was that the condition of the Luirai village health center was not very good. After communication and meetings with the Municipal Director for Health, the Ministry of Health has renovated the health center. Furthermore, in Ainaro municipality, Manelobas Village, there was lack of transportation to facilitate pregnant mothers to the health centre, but now in Manelobas there is an ambulance van to facilitate women for safe childbirth and also others who are sick.

In 2018, two research projects were initiated to explore pathways of women's leadership and also public perception of women in Timor-Leste. This year we developed guidelines for research with 14 women leaderships from social, economic and political sectors from Dili, Manatuto, Viqueque, Liquiça and Ermera municipalities. These research will be divided into 3 phases: the first phase is conducted training for the researchers, second phase is produced the question guidelines and interview and the third phase is the data collection.

In addition, research on public perceptions of women's leadership in Timor-Leste has produced terms of reference for researchers and consultation with reference groups and organizations to generate questions at the beginning of the research. The results of this research have been presented to the reference group in a preliminary report. A published research report will be available in 2019.



To strengthen women's groups in Hatubilik, this project provided the opportunity for training about basic financial management, gender based violence and human trafficking. 52 people participated in training to raising awareness about these topics. Apart from that, five women's handicraft entrepreneurs group were supported with a total amount of \$6,500.

At the municipality level these projects have provided support to 13 victims to access to legal justice and provided humanitarian assistance. The types of cases are domestic violence, sexual violence, and abandonment and incest cases.

The District Support Project also has realized socialization information through Campaign for the Prevention of Early Pregnancy issue in three schools in Dili, Liquisa and Ermera, reaching 113 participants that composed of 48 females and 55 male. The objective is to raise awareness of the students to prevent and protect themselves from risks during learning process.

## THE SUCCESS STORY OF VILLAGE CHIEF BAMATAC, MUNICIPALITY OF MANATUTO

Mrs. Olinda Pereira is village chief in Funar, Laclubar Administrative Post, Manatuto municipality. She began to engage in political life in 2005. In 2016 the community in the village of Bamatac elected her as village chief. She points out that participating in political life for such a long time is not easy for a woman. She says although it was difficult, it was her dream to change herself and her fellow women and children lives.

**“I have my own initiative to participate in the various programs established by Rede Feto and Fundasaun Alola. Engaging in these activities motivated me to participate in more effective development processes in the village. I also wanted to improve my skills and personal capacity in various activities because of my dream that one day I could also be a leader. That dream became a reality in 2016 and I have made significant changes that I have at this moment”**

- Advocated to Ministry of Education, for students at the primary school in without school uniforms Funar village, and now we have a process so the students can get uniforms.
- Increased community awareness about the importance of education so parents will send their children to school.
- Conducted meeting with the community to know their children should not marry early but they must send their children to school.







## PROJECT INTEGRATION APPROACH

The Alola Foundation through its Integration Approach Project works together to improve the nutritional status of children. The approach will enable each program of Alola to intervene, according to expertise, sector includes strengthening community groups to improve the health status of women and children, enhance nutrition education, increase income generation of women in rural area and women leadership and decision making. The project location has targeted two villages of Caimauc and Manumera in the Turiscai administrative post, Manufahi municipality.

In 2018, the Integration Approach Project officially launched and inauguration of community group called Village Loves Mother and Babies. Beforehand there were two activities implemented include consultation and socialization of the project and Focus Group Discussion (FGD). Subsequently, it's followed by the problem participatory assessment and training on various topics. The details of the output are as follows:

## CONSULTATION AND SOCIALIZATION OF INTEGRATION APPROACH PROJECT

The four program representatives initially held a meeting with the local authorities and stakeholders for an Integrated Approach Project in Manufahi municipality. The consultation had introduced the steps and process of the integration approach to local authorities and stakeholders which will be implemented in the target village as a pilot project for 3 years (2018 - 2020). In addition, local authorities and stakeholders that had been participated committed to support the project implementation, and will collaborate for the success of the integration approach project. The local authorities have reinforced their statement that Alola Foundation is the first local NGO that had an idea of establishing an Integration Approach Project to respond to nutritional problems in Timor-Leste. The consultation had conducted in Manufahi and the socialization was in Turiscai with the participation of President of Local Municipalities, Director of Health in municipal, Director of Education in municipal, Director of Ministry Agriculture in municipalities and President of Women Association.



## FOCUS GROUP DISCUSSION (FGD)

Furtherance of the project, focus group discussion has been implemented. As a result, focus group discussion identifies and lists the idea on the issue and its causes contributed using participatory methods. Those findings will be as baseline data to fortify design plan of the integration approach project in referring village. The focus group discussion was held twice involving local leaders, stakeholders and around 70 community members from two villages, Manumera and Caimauc.

## THE LAUNCHING OF INTEGRATED APPROACH PROJECT

On 17th of October 2018, Alola Foundation officially launched a new pilot project named the integration project approach in the commemoration of World Rural Women's Day. The ceremony confirms Alola long-term commitment to progress living conditions of women and children in rural areas. The project will combine resources of four programs of Alola to the deliberate development of the



target area. At the same time, the community group named Village Loves its Mother and Babies was inaugurated in village of Caimauc and Manumera.

Head of Turisca Administrative Post, Mr. Julio Godinho, during the opening remark, expressed his appreciation to the Alola Foundation in fulfilling its commitment to implementing an integrated approach to its work area. As representative of the local government, during the launch, he encouraged newly appointed SHIO members to become motivated in the community to contribute to the improvement of their

lives. The inauguration ceremony held in the Hall of the Turisca Administrative Post was attended by various representatives of government institutions such as local government, heads of health centers, police, representatives of the ministry of education, village councils, youth representatives, SHIO members and also attended by local communities.



## INTERVENTION OF MATERNAL AND CHILD HEALTH PROGRAM

Following the launching of the integrated approach initiative and inauguration of SHIO, the Maternal and Child Health program continue to carry out the Problem Participatory Analysis (PPA) training, training on Infant Young Child Feeding, and SHIO monthly meeting cover several topics include health promotion, counseling, and household visit.



The output of the intervention is as follows:

- Issues related to health and its factor contribute has identified, and it has contributed to the development of project plan adequately based on the needs of the community through the PPA session during three days. The assessment session had been participated by SHIO member about 29 people (F: 13, M: 16) from Caimauc and Manumera village.
- The SHIO member understanding of exclusive breastfeeding, complementary feeding of children age 0-2 year, family planning, and safe birthing practices have been increased. The training has participated by 30 people (F: 15, M: 15).
- The calendar for SHIO member activities on household visits, health promotion and counseling had designed and developed. In addition, group member has attain information regarding the process of health promotion, and counseling through monthly meeting, which has held two times in each village. The total group member participated about 60 people (F: 29, M: 31).

This integration project approach was supported by the Alola Australia.







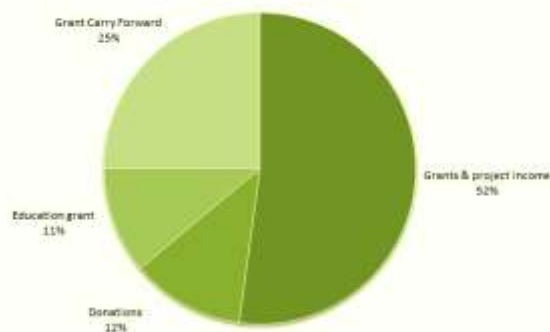
Obtaining appropriate information is the right of every citizen and this is guaranteed by the constitution in article 40. Radio is one of the closest information bridges to the community and this is an important part of Alola's communication strategy. Through a radio talk show program known as "Women in the world" supported by the Secretary of State for Social Communication (SECOMS), Alola Media disseminates information on integrated organizational programs, public education, and advocacy efforts. Alola believes that this strategy has the power to strengthen the credibility of the organization in the eyes of the community to accelerate the achievement of Alola's mission.

# ALOLA FINANCIAL REPORT 2018

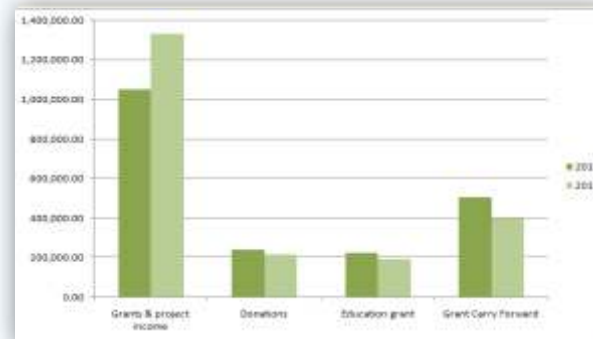
## INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2018

	Note	2018	2017
		\$	\$
Revenue	2	1,562,971.36	1,884,649.2
Other revenue		260,974.48	-
Administration expenses		-616,174.26	-578,312.13
Project costs		-1,184,025.45	-1,274,074.36
Surplus/(deficit) after income tax		23,746.13	32,262.71
Note 2: Revenue			
<b><u>Revenue from Government and Other Grants</u></b>			
Grants & project income		1,052,553.31	1,332,228.29
Donations		238,004.53	212,423.84
Education grant		223,799.66	192,017.10
Other income			256,329.05
Carry Forward from Prior Year		504,228.28	395,907.43
Carry Forward to Next Year		-455,614.42	-504,256.51
		<b><u>1,562,971.36</u></b>	<b><u>1,884,649.20</u></b>
<b><u>Other Revenue</u></b>			
Sales		0	0
		<b><u>1,562,971.36</u></b>	<b><u>1,884,649.20</u></b>

Note 2: Revenue



Note 2 : Revenue 2017-2018





## BALANCE SHEET AS AT 31 DECEMBER 2018

	2018	2017
	\$	\$
<b>ASSETS</b>		
<u><b>CURRENT ASSETS</b></u>		
Cash and cash equivalents	709,388.17	700,018.81
Operational advances		12,255.16
Trade and other receivables	77,870.02	115,396.81
<b>TOTAL CURRENT ASSETS</b>	<b>787,258.19</b>	<b>827,670.78</b>
<u><b>NON-CURRENT ASSETS</b></u>		
Property, plant and equipment	107,281.86	124,626.07
<b>TOTAL NON-CURRENT ASSETS</b>	<b>107,281.86</b>	<b>124,626.07</b>
<b>TOTAL ASSETS</b>	<b>894,540.05</b>	<b>952,296.85</b>
<b>CURRENT LIABILITIES</b>		
Trade and other payables	464,258.58	556,880.40
Employee provisions	29,998.20	18,879.31
<b>TOTAL CURRENT LIABILITIES</b>	<b>494,256.78</b>	<b>575,759.71</b>
<u><b>TOTAL NON-CURRENT LIABILITIES</b></u>		
<b>TOTAL LIABILITIES</b>	<b>494,256.78</b>	<b>575,759.71</b>
<b>NET ASSETS</b>	<b>400,283.27</b>	<b>376,537.14</b>
<u><b>EQUITY</b></u>		
Funds available for future use	400,283.27	376,537.14
<b>TOTAL EQUITY</b>	<b>400,283.27</b>	<b>376,537.14</b>

# SUMMARISED INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF FUNDASAUN ALOLA

We have audited the attached Financial Report for Fundasaun Alola (the Company) for the period 1 January 2018 to 31 December 2018.

## **Management's Responsibility for the Financial Statements**

The Management is responsible for the preparation and fair presentation of these financial statements in accordance with International Financial Reporting Standards (IFRS) and accounting principles generally accepted in East-Timor and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

## **Auditors Responsibility**


Our responsibility is to express an opinion on the financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements and accompanying notes are free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall financial statement presentation. We believe that audit evidence obtained is sufficient and appropriate to provides a reasonable basis for our opinion.

## **Auditors Opinion**

In my opinion, the financial statements present fairly, in all metrial respects, the financial position of Company as at 31 December 2018 and of its financial performance for the year then ended in accordance with International Financial Reporting Standards and the accounting principles generally accepted in East Timor. A detailed summary of our findings and recommendations is provided separately in our Audit Report of findings.

**Name of Firm: Primo's Boot Unipessoal, Lda**

  
**Joao Emanuel Mendes**  
Auditor Certified n°0481-OPACC  
Room 203, CBD3, Timor-Plaza, Dili, Timor-Leste  
Data: February 27, 2019



## ALOLA FOUNDATION BOARD OF DIRECTORS 2018



**Ms. Dr. KIRSTY SWORD GUSMÃO AO(Prezidenti)**

*Former First Lady of Timor-Leste; Founder and Chair of Alola Foundation, Founder and President of Dili Institute of Technology (DIT), Founder of Xanana Gusmao Reading Room (XGRR), President of the Advisory Committee of the National Director of Linguistics, Andrew McNaughton Trust, Patron of the Blair Forster Memorial Trust, and Goodwill Ambassador for Education, Timor-Leste,*

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# ALOLA STAFF LIST 2018

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Alzira Siqueira Freitas dos Reis

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Cristina Santos Martins  
Ema Freitas de Sousa  
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Maria Imaculada Guterres

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 Bendita Mendonca Barreto  
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 Elesita Roserio  
 Georgina da Costa Ximenes  
 Francisco Guterres  
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 Joanina Da Costa  
 Jacinta Da Cruz  
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 Luciana Guterres  
 Maria Do R. Da Silva Monteiro

Marquelina Pereira dos S.  
 Manuela Soares Brites  
 Paulina Asis Belo

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 Mario Barreto  
 Maria Lurdes G Fereira

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Fransiskus Xaverius S.

## HUMAN RESOURCE

Fernanda Sequeira Ferreira

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 Joanina Pires  
 Rosalina Olo

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 Pascoal Martins  
 Paulino Ximenes  
 Paulo de Jesus carvalho  
 Paulo Rosario  
 Thomas Maria Belo

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# THANK YOU

On behalf of the women of Timor-Leste we would like to thank all our partners, donors and stakeholders for their support, dedication and generosity in 2018 which enables us to deliver our program to our community.

## ADVOCACY :

**IWDA - International Women's Development Agency**  
**Social Society Funds - GPM**  
**Blue Mountain East-Timor Sisters (BMETS)**  
**Alola Australia**

## MATERNAL AND CHILD HEALTH :

**ConocoPhillips**  
**Alola Australia**  
**UNFPA**  
**Australian Embassy support trough**  
**Partnership Human Development (PHD)**  
**Blue Mountain East-Timor Sisters (BMETS)**  
**ChildFund**  
**TOMAK**  
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**Individual donor**

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**Alola Australia**  
**Thai Embassy Timor-Leste**  
**Gift Certificate Program**  
**Andrew McNaughtan Foundation (AMF)**  
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**Australian Embassy support trough Partnership**  
**Human Development (PHD)**  
**UNICEF**  
**ChildFund Australia trough ChildFund Timor-Leste**  
**Alola Australia**  
**Individual donor**





woodside

Partnership for  
Human Development  
AUSTRALIA TIMOR-LESTE

**IWDA** INTERNATIONAL  
WOMEN'S  
DEVELOPMENT  
AGENCY



ChildFund  
Timor-Leste







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