

established in 2001 as a local women's organisation dedicated to the empowerment of women. Alola provides a wide strong of vitality important support programs for the women and children of Timor-Leste. Fundasaun Alola is organisation operating programs in support of furthering the rights of women and children of Timor Leste.

Fundasaun ALOLA was VISION: WOMEN OF TIMOR -LESTE HAVE EQUAL STATUS IN ALL ASPECTS OF LIFE (access, participation, role in decision making, enjoyment of benefits of development) THROUGH EDUCATION, ECONOMIC DEVELOPMENT, HEALTH AND COMMUNITY LEADERSHIP programs in support of furthering the rights of women and children of Timor Leste.

MISSION: To promote women's rights and increase women's leadership capacity, Improve health status of women and children, Increase access & quality of education for women and children and Strengthen women's small enterprise at arassroots level

## PROGRAMS' GOAL AND AIMS:

### MANAGEMENT

## **Goal: Effective and efficient management and HR systems**

- Establish responsive system from program management and evaluation;
- · Ensure transparency and accountability in financial management;
- Ensure quality facilities' management and process:
- Maintain endowment funds for future programs
- · Performance appraisals annually and follow up on staff professional development:
- Strong HR systems;
- · Continue to promote family friendly workspace.

#### MATERNAL AND CHILD HEALTH Goal: Improve women's and children's health status

- Program focus on reducing IMR, MMR and Under 5 child malnutrition rate:
- Promotion of exclusive breastfeeding and complementary feeding (through communitybased groups at the village level);
- Support MOH to implement Nutrition Program and MCH Program;
- Empower community-based groups to support maternal and child health at the village level;
- Program collaboration with international and government partners at national and district level.

### **EDUCATION**

## **Goal: Improve quality and access to education**

- Promote the importance of education and whole community involvement;
- Provide training to improve teachers' teaching ability:
- Resource development in Tetun and Portuguese and using local resources;
- Work collaboratively with MOE and other education organisations to develop holistic education program;
- Expand opportunities for education continuation:

#### **ADVOCACY** Goal: Promote women's human rights

- Campaign for women's rights;
- Strengthen women's leadership;
- Strengthen networks with all partners;
- District Support Program to empower women in all areas:
- Assist women to access information and understand their rights.

#### **ECONOMIC EMPOWERMENT Goal: Strengthen women's economic** participation

- · Improve the status of women in entreprise;
- Increase income generating opportunities;
- Promote economic independence for women.

## **CHAIRWOMAN'S STATEMENT**

A breast cancer diagnosis in December 2012 meant that personally for me 2013 was a year given over to treatment and recovery, with way too much time spent far from Timor-Leste (where sadly cancer services and treatment facilities are as yet virtually non-existent). I am grateful for all the love, prayers and support that were directed my way by my colleagues at Alola and from amongst our many donors and friends in Australia and elsewhere. Upon my return to Dili in late 2013, Alola joined me in discussions with the Ministry of Health and other key partners such as WHO and UNFPA as to a national cancer strategy, including a campaign to raise awareness about the importance of early detection.

2013 also saw a shift in leadership at Alola, with Mana Teresa Verdial de Araujo (affectionately known as Alita) standing down as CEO to take up a scholarship opportunity in Adelaide, Australia. Alita's long service to Alola and her qualities as a leader and women's advocate are deeply admired and will be missed. We are pleased, however, to have another of the organisation's longest serving staff and former Advocacy Program Manager, Ms Alzira Reis, at the helm. I



know that "Mana Azzi" and her long experience of advancing the interests and rights of women in Timor-Leste will serve her and Alola well in the years to come.

The past twelve months have seen Alola strengthen and enhance its work across all program areas. Thanks to an ongoing cooperative relationship with the Ministry of Health and funding from our partner organisation, Alola Australia, we have managed to expand birth preparedness programs and mother support groups, thus contributing to better health outcomes for new mothers and their infants. I was very gratified recently to hear the Vice-Minister of Health and former Alola board member, Ms Natalia de Araujo, applaud Alola for its significant work on combatting malnutrition through distribution of

micronutrient powder supplements, promotion of exclusive breastfeeding and timely complementary feeding for children under 2 years of age. As a direct result of Alola's Maternal and Child Health interventions across the country, rates of exclusive breastfeeding have increased from 52% in 2010 to 62,3% in 2013, with the number of mothers giving birth in health facilities also increasing.

Recent research conducted by Alola as part of the CEDAW Compliance Framework project, however, highlights some of the challenges that still lie before us in terms of women's protection. Fundasaun Alola conducted a study in three districts to identify women's needs in the private sector and the implementation of the 2012 Labour Law. The study showed that in spite of the Labour Code mandating 3 months' paid maternity leave for mothers-to-be, 61% of respondents were granted no maternity leave whatsoever. Awareness of their rights in the labour code were also extremely low amongst the women workers surveyed.

All program staff and managers have been making a concerted effort to boost program integration, ensuring that no opportunity is lost to boost awareness of the issues and concerns that are central to Alola's mission. One example is the use of micro-credit schemes and cooperatives in the border regions of Covalima, Bobonaro and Oecusse to conduct training in gender-based violence, human trafficking and financial management. Likewise, issues such as domestic violence, human trafficking, reproductive health and STDs have been integrated into the Life Skills training offered to our growing number of scholarship recipients.

On behalf of the Board and staff of the Alola Foundation, I extend a very sincere thank you to all the many friends and supporters who have continued to help us realise our vision of a life of good health, prosperity and dignity for the women and children of Timor-Leste.

Kirsty Sword Gusmão

## **CEO's REMARKS**

To our dear donors, supporters and friends,

I am pleased to present this 2013 Alola Foundation Annual Report, detailing the results achieved by the organisation through the 2013 calendar year and a full financial report.

This foundation was established with a strong commitment to promoting the rights of women and children so as to ensure that they can access they have equal and complete access in all spheres. We offer thanks to God for the grace and power with which he empowered Alola's staff through 2013, enabling us to continue to work toward this vision.



In 2013, we remained dedicated to the task of promoting the rights of women and children in Timor-Leste, delivering programs in adherence to the organisation's strategic planning for Maternal and Child Health, Education, Economic Empowerment and Strengthening Leadership. Key achievements made by the Alola Foundation during 2013 are demonstrated by progress in the following areas:

- The Timor-Leste Food and Nutrition Survey shows that exclusive breastfeeding of babies under 6 months of age has risen dramatically from a rate of 52% in 2010, to 62,3% in 2013, with even larger increases recorded in Alola's Maternal and Child Health target districts;
- With a view to providing stronger educational opportunities to pre-primary and primary school students in Timor-Leste, Alola's Education Program provided training for 270 teachers, scholarships to 262 students and conducted mobile library and resource development activities with a hige number of students and community members across the country;
- Economic Empowerment focused on three areas of key importance: ongoing training and development of artesans, in the area of community tourism, and in the provision of micro-credit, focusing particularly on supporting women's cooperatives. Three new cooperative centres were established during the year, in Maliana, Oecusse and Suai respectively, benefitting more than 50 producer's groups;

 In order to meet advocacy objectives relating to women's and children's rights, the program contributed to a draft of the Law Combatting Human Trafficking, the implementation of the Labour Code (Protecting Worker's interests) and was actively envolved in the network of services working to ensure women's issues received adequate attention, including the Fourth Women's Congress, Gender Sensitive Working Group, and more broadly at the international level to respresent the interests of the women of Timor-Leste.

Equally, achievments made within the Alola Foundation saw the Council of Directors, management and all staff work as a solid and collaborative team, reflecting the notion that Alola's vision is indeed a personal mission in the lives of all contributors.

This progress would of course not have been possible without the support of our donors, partners and network of loyal friends that continue to support our work. I wish to take this opportunity to express my deepest gratitude for your support and collaboration over the past year.

We have great confidence that you will all join with us and remain partners as we continue to move forward to realise our motto: Strong Women, Strong Nation.

Alzira Reis CEO Fundasaun Alola



## MATERNAL AND CHILD HEALTH PROGRAM (MCH)

Fundasaun Alola continues its commitment promoting breastfeeding and timely complementary feeding for children less than 2 years. The program is achieving its objectives, improving the health of women and children through facility and community-based project.

The facility-based program covers 11 districts and works with 120 Mother Support Group and Sucu Hadomi Inan ho Oan (SHIO) members, who act as points of referral to hospitals and community health posts.

Preliminary Ministry of Health data shows a significant increase in exclusive breastfeeding for the first since months as a direct result of the program. The rate of exclusive breastfeeding for the first 6 months has increased from 52% in 2010 to 62,3% in 2013, with the number of mothers giving birth in health facilities also increasing.



## THE MCH PROGRAM ACHIEVEMENTS IN 2013 WERE AS FOLLOWS.



## FACILITY-BASED AND NATIONAL PROJECT

Fundasaun Alola's Maternal and Child Health program implements facility-based and national level activities that focus primarily on the Baby Friendly Hospital Initiative (BFHI) statute, Supporting Newborn Care Program, promoting breastfeeding and the distribution of Maternity Packs.

# SUPPORTING NEWBORN CARE PROGRAM IN HOSPITALS

The Newborn Care program promotes skin-to-skin

contact and early initiation of breastfeeding in the first hour post partum. This is key to successful breastfeeding and helps identify any early problems with position or attachment for mother and baby when breastfeeding. Formula and bottle-feeding is not permitted whilst at the hospital. Hospital Liaison Officers provide counselling in hospitals and is minimizing problems associated with breastfeeding, which impacts



Number of bene	ficiaries
Counselling to	
Pregnant women	16,721
Lactating women	28,925
TOTAL	45,646

on mothers' morbidity, such as breast engorgement and mastitis. The Hospital Liaison Officers also address babies' morbidity such as jaundice and diarrhea, which can result from the incorrect use of formula and bottle-feeding.

Community based groups are now located in 3 districts (Dili, Baucau and Oecusse Referral Hospital). Each Community Based Group member assists to resolve women's breast problems and provides advice on attachment and position when breastfeeding.

In 2013 Fundasaun Alola supported Newborn Care and Safe Motherhood Initiatives in hospitals with the distribution of Maternity Packs and the establishment of Young Patient Play Rooms.

## **MATERNITY PACKS**

Fundasaun Alola distributed Maternity Packs (clothing for mothers and babies) to hospitals in Baucau and Oecusse.

In 2013, 6218 mothers gave birth at in at hospitals (4817 mothers in Dili, 1119 mothers in Baucau and 282 mothers in Oecusse). A total of 421 mothers and their babies received maternity packs at two referral hospitals and 430 Maternity packs were distirbuted to health facilities in Liquica, Manatutu, Hatulia Sub district and Ermera.

## COMMUNITY-BASED PROJECT

To promote the Safe Motherhood Initiative, Birth Spacing, New Born Care and Infant and Young Child Feeding promotion, Alola established new and strengthened existing community groups (Mother Support Groups and Sucu Hadomi Inan ho Oan) in 120 villages.

## **BIRTH PREPAREDNESS PLAN (BPP)**

The Birth Preparedness Plan is a way of raising awareness about maternal and child health with strong community participation, supporting

women to access childbirth facilities and health professionals. The program increased to reach 9 new villages in Letefoho and Ermera. Birth Preparedness Plan activities are coordinated by Mother Support Groups /PSF in



collaboration with suku leaders, midwives in Comunity Health Center (CHC) and Health Post (HP) referrals. Community consultations highlighted three key issues:

- 1. Delays in recognizing danger signs for a mother by her family
- 2. Delays in seeking help from the community
- 3. Delays in travelling to hospital

A lack of ambulances and public transport were also identified as major contributing factors to maternal mortality cases.

Community members believed only 3% could access a health facility without support (mostly in Eraulu villages because they live close to the HP/CHC) and 97% need support to access a health facility. 2 DVDs have been produced as part of the Birth Preparedness Plan.

Mother Support Groups and Sucu Hadomi Inan ho Oan Groups have continued to support safe motherhood and newborn care in 120 sukus with the following activities:

• IYCF, Safe Motherhood, Newborn Care and Birth spacing refreshing training to MSG/SHIO members; Community Management of acute malnutrition; Refresher training to the MSG/SHIO Members Community Discussion Forum in village Level; Celebration of World Breastfeeding Week; Food Complementary Feeding Cooking Demonstrations using local food (for the baby after six months of exclusive breastfeeding); Counseling at a health facilities by community based members; Health Baby Contest; Counseling nearby Health Facilities twice a month and once a month at the SISCa post by CBGs members; Breastfeeding and Safe Motherhood Film Showed in villages; Exclusive breastfeeding monitoring supported by Mother Support Groups and Sucu Hadomi Inan ho Oan Groups in villages; Referral cases community group members to a health facilities; Community Case Management (CCM) monitoring and evaluation (piloted in three sub-districts, Aileu (1 subdistrict) and Oecusse (2 sub-districts)



## SUCCESS STORY:

## TRADITIONAL BIRTH ATTENDANT BECOMES A SHIO MEMBER

The woman who is wearing a SHIO T-shirt in the photo below sits with a mother holding her baby. She works as a Traditional Birthing Attendant in Ailebere village. Previously all pregnant women, when their labour commenced contacted her to help them deliver the baby at home.

In 2011, Alola established a Sucu Hadomi Inan ho Oan group in Ailebere village and she became a member. After receiving training on IYCF and Basic Safe Motherhood, families of a mother who is soon to give birth now call on her and she assists the pregnant woman to go to the health facility. She accompanies the



mother during the birth while a trained midwife assists the mother. After giving birth she accompanies the mother home and makes regular follow up visit to provide counselling on exclusive breastfeeding for the first 6 months.

In 2012-2013, she referred five pregnant women to give birth in the Comunity Health Center (CHC). This is the change that she has made in maternity protection after becoming as a SHIO member. Her trusted community status as a Traditional Birth and SHIO member has improved the birth and breastfeeding outcomes for mothers and their babies, their families and the whole village has benefited. A real success story.

## **EDUCATION PROGRAM**

Education is the key for social, economic and political development. As a young democracy Timor-Leste is challenged with developing all aspects of civil society with limited resources.

Vision for education: in 2030, the Timor-Leste people will be educated, informed and qualified to live a long and productive life, respecting the traditional values &f family peace. All individuals will have the same opportunity in access to quality education, enabling them to participate in economic, social and political development, ensuring social equity and national unity.



The Ministry of Education continues working with the support of local and international agencies to develop programs that meet the rights and needs of its people and promote access to quality education for all.

Fundasaun Alola's Education Program focuses on building capacity and expanding opportunities for women and children to access quality education in Timor-Leste. It is comprised of three core programs:

- 1. Scholarships Program: Offers long-term support to disadvantaged female students at secondary school and university;
- 2. Teacher Training Program: Provides training and support to teachers across Timor-Leste in the areas of curriculum and teaching methodologies and resources development;
- 3. Mobile Library Program: Promotes the importance of early reading to communities. In addition, the Educational Resource Centre (ERC) models a quality-learning environment and serves as a base for the development of local teaching materials.

## SCHOLARSHIPS PROJECT

In 2013 the program continued to focus on the Girls Education Award, enabling young women facing barriers to complete their three years at secondary school. With the support from several individual donors, Alola continues to maintain its support to students from primary school through to university. Alola will continue this support so that students can graduate. The main objective of the Scholarship Program is to

assist students from economically disadvantaged backgrounds to complete their secondary education.

Since the beginning of 2013, with the support from Department of Foreign Affairs and Trade (former AusAID), the scholarship project continued its work through Alola Field Officers, Community Leaders and School Directors to support awardees at secondary and tertiary level.

Meetings were held with 39 final year secondary students for updates on their progress. 28 students applied and continued through to universities (25 students progressing at universities in Dili and 3 in Ermera, Viqueque and Oecusse). 11 students did not continue to university (attending other courses, job seeing or married).

The Scholarship Team travelled to six districts (Baucau, Ermera, Manatuto, Liquisa, Oecusse and Dili) to monitor the progress of 65 secondary grade 2 and 3 scholarship recipients. Interviews were also conducted with school directors, teachers and parents, who provide much needed support for the students. Motivating students to manage their own money in order to meet the needs of their study and be able to complete their high school and continue to university was a key focus of the meetings.



## LIFE SKILLS TRAINING FOR SCHOLARSHIP RECIPIENTS

The Life Skills Training (LST) is an initiative program of Fundasaun Alola that is conducted every year for young girls. In 2013 the scholarship program integrated Alola's Maternal and Child Health and Advocacy Programs and conducted Life Skills Training to 61 girls at secondary school and 18 university students. Training covered the areas of Reproductive Health, Sexually Transmitted Diseases, Domestic Violence, Gender Based Violence and Human Trafficking.

## ALOLA'S GIRL EDUCATION AWARD

To increase students' understanding of national issues, Fundasaun Alola invited 24 'Girls Education Award Students' from twelve districts to attend the 4th National Woman's Congress. Two students represented each district from grade 2.

## **TEACHER TRAINING PROJECT**

Teacher Training for Pre- and Primary School Teachers models good practice strategies for engaging children in early literacy and numeracy. It aims to improve early educational outcomes by increasing the confidence and capacity of teachers. Most teachers have limited access to resources, struggle with large class sizes and have received a limited education themselves. There is a shortage of trained and dedicated teachers and many use traditional methods of teaching in the classroom. Just as children learn through doing, the Alola Teacher Training Project works with teachers so they can learn though doing.

In collaboration with Preschool Department at the Ministry of Education, preschool teacher training was provided to in 50 Pre-School Teachers from each district in Timor-Leste. Training focused on six units:

(1). Literacy for Young Children; (2). Classroom Management; (3). Games to Develop Gross Motor; (4). Activity Centre; (5). Art; (6). Professional Standard

45 Pre-school teachers completed ten units and were provided a Pre-school

Teaching Certificate with recognition from Ministry of Education.

With the support from Department of Foreign Affairs and Trade (formerly AusAID) and The Asia Foundation, 107 Primary School Teachers from each district were provided with 3 lots of 5 day training on Literacy, Numeracy and Art. The Ministry of Education's District Directors and school directors selected the teachers. Training engaged teachers to use the existing materials, including Alola literacy packs.

Following the training, monitoring visits were conducted to 17 Preschool and 29 Primary School Teachers in 9 districts (Lautem, Covalima, Bobonaro, Ermera, Aileu, Baucau, Manatuto, Liquisa and Dili).

This project has produced basic resources to support early literacy in pre-primary and primary schools throughout Timor-Leste, promoting reading and writing skills in young children and facilitating quality teaching processes. These durable and quality resources were distributed to preschool and primary teachers who attended the training. The educational resources include 40 x flashcards with pictures, 5 children's books in Tetun, 10 x A2 posters featuring stimulus questions and 2 boxes of colored chalk. Findings

Number of beneficiaries			
i –	S	cholarships	Teacher Training
Ŵ	Women	247	201
Ť	Men	15	69
то	TAL	262	270

showed that 26 Primary School teachers used the materials provided and 3 did not as they not received the notifications by school directors.



## **MOBILE LIBRARY PROJECT**



Alola's mobile library was developed as an offshoot of the Education Resource Centre (ERC), to enable children unable to access the centre, to have educational activities in their own communities. The Education Resource Centre provides a home base for the libraries, and serves as a way to reach more children.

Fundasaun Alola's Mobile Library is designed as a transportable facility containing comprehensive resources and delivering educational programs for

teachers and students in the pre-primary and primary age group. The Library models best practice, inclusive, participatory learning, engaging broader communities to support early education by exposing them to materials and activities that are relevant in their local context and accessible for all.

Throughout 2013, the project has been implemented in schools and in communities. The Mobile Library project is aimed at improving early literacy. In partnership with the Ministry of Education, the Mobile Library has visited accessible urban, rural and remote schools and communities to introduce early literacy and reading concepts. With the support from Department of Foreign Affairs and Trade (DFAT) and Make A Mark Australia (MAMA) the



program has visited 14000 children in communities and early grade school children in 6 districts. Children have an increased interest in reading and the consistent request is "Please come back tomorrow with the books."

This project has been implemented with strong collaboration with the Ministry of Education and the integrated work with Alola's Maternal and Child Health Program.

## LITERACY PACK 2013

A limited number of books in the classroom is the primary concern expressed by teachers. Most teachers use blackboards to write stories relating to teaching subjects.

In 2013 the Alola Mobile Library Project identified three local publishers and developed more quality and durable resources to distribute to all primary school in Timor Leste. 65 early readers comprising of 332 books in Tetun and Portuguese were presented to the Ministry of Education and these resources will be distributed to all primary schools in Timor-Leste.

## **ECONOMIC EMPOWERMENT PROGRAM**

The Economic Empowerment (EcoEMP) program works with vulnerable women to identify and develop economic opportunities through the establishment of groups and cooperatives. Alola supports these groups through skills development, micro-credit schemes, and provides practical support to sustain livelihoods.

In 2013, the Economic Empowerment program focused on three key areas: Handicraft Development, Tourism (through community based accommodation) and Micro-Credit Schemes. These projects develop and support a Women's Cooperative Centre.

## HANDICRAFT DEVELOPMENT PROJECT

From March to December 2013, the Economic Empowerment Program worked with 82 women's producer groups in 13 districts across with an aim to preserve culture and enhance livelihoods.

Over a ten-month period, workshops were facilitated in the areas of business skills, quality control and working with natural dyes. Handicraft Fairs were also held at Easter and Christmas.

This project was supported by AFAP, MILK, Gift Certificate and

benefited 1640 handicraft women's groups including CBOs and cooperative members from 13 districts.

## TOURISM COMMUNITY BASED ACCOMMODATION

Fundasaun Alola and Timor Adventures have completed an important research project exploring the potential for cultural tourism in Bobonaro, Ainaro and Lautem districts. Fundasaun Alola and Timor Adventures have been collaborating for some time, identifying opportunities to develop tourism initiatives, empowering women while preserving traditional culture. The project was part of a broader study being conducted by the International Labour Organisation (ILO) and has provided an excellent basis for future sustainable tourism initiatives.

Timor Leste has a strong and unique cultural heritage and the research team identified cultural and historic elements and existing tourism destinations.



## **MICRO-CREDIT SCHEMES**

This project is implemented and managed by the EcoEMP team and is supported by the Advocacy team who provide expertise in the areas of gender, human rights and human trafficking.

The project works with vulnerable women and victims of gender-base violence to increase their access to income generating opportunities and promote economic independence.

The project is implemented in the districts of Bobonaro (Maliana-Ritabou), Covalima (Quetau) and Oecusse (Sune-Ufe). Alola's Field Officers, District Representatives of Ministry of Social Services (MSS) representatives and local leaders, identified these districts (all bordering Indonesia), where there are limited economic opportunities for women, a high potential risk of gender based violence and where human trafficking risk remains high.

Staff worked with Field Officers to understand community needs and identified that most women face economic problems due to limited financial resources and limited business skills. In response to this problem, Alola provided business skills training and delivered small grants (USD 1,000.00 per group) to run individual micro-credit activities in the villages.

Alola also provided USD 2,000 per group, to establish and construct a Cooperative Centre, which is used for regular meetings and activities. Women are now able to access loans from the micro-credit group to conduct their businesses from home. Some are individual loans and some are as a working group. The project also provides training on Gender Based Violence, Human Trafficking, and Financial Management. 62 women participated in this training.



## **ADVOCACY PROGRAM**

The Advocacy Program aims to promote women's economic and human rights in the areas of education, health, politics and decision-making.

Projects have been designed to support the implementation of the Convention on the Elimination of Discrimination of Against Women (CEDAW) framework and the government's Strategic Development Plan. In 2013, The Advocacy Program conducted women rights campaigns, increasing the number of women leaders, strengthened its networks with partners, established District Support Programs to strengthen Fundasaun Alola services, established a Woman and Family Friendly Space and continued to provide information through its Resource Centre, disseminating information regionally.



Projects in 2013 have been:

## WOMEN'S RESOURCE CENTRE (WRC)

The key objective of the Women's Resource Centre is to provide women with opportunities to increase their capacity and access information on health, education and economic and political rights.



In 2013, the Women's Resource Centre provided training in the area of basic Computer Training, CV and Job Application Letter Writing, Life Skills Training and Monthly Discussions on topics such as Gender, Human Rights, Human Trafficking, Sexual Reproductive Health, Gender and Development.

The Women's Resource Centre also provides assistance to Victims of Gender based Violence.

In 2013, a total of 2,038 people benifited from the Centre (1302 women and 736 men).

## **CEDAW COMPLIANCE FRAMEWORK PROJECT**



To ensure the implementation of CEDAW's recommendations, Fundasaun Alola together with women's organisations defined two priority areas of focus.

- 1. Women's Labour Rights in the private sector, to ensure implementation of Labour Laws;
- 2. Reactive politics for schools coordinated by the Secretariat Rede Feto (Women's Network).

Fundasaun Alola conducted a preliminary study to identify women's needs in the private sector and the implementation of labour laws. Findings indicated that women's knowledge of labour laws is lacking, which is is a contributing factor to work right violations. Research was conducted in 3 districts (Bobonaro, Baucau and Dili). Recommendations were presented to SEPFOPE to be considered as priority issues.

Another focus has been to strengthen student's rights in accessing programs in schools. Data was collected on student dropping out of school - from elementary schools 1, 2 and 3, secondary schools from 7 districts (Manatuto, Baucau, Aileu, Oecusse, Bobonaro, Viqueque, Liquisa).

Results indicated the main cause of children dropping out of school was abuse by extended family, early pregnancy and sickness due to malnutrition. The majority of reasons for most girls were the burden of

household responsibilities, ie. Staying at home to care for younger siblings, supporting the family economy or simply insufficient financial support. Girls are more likely to drop out of schools than boys. Other cases were expulsion due to violence amonst students.

## **DISTRICT SUPPORT PROJECT (DSP)**

The principal objective of District Support Program is to strengthen women's participation in national and local development.

In 2013, this project focussed on building the capacity of community leaders through training, regular discussions on





how to identify women and children's issues in rural communities. It established concrete referral mechanisms to respond to victims of gender based violence and worked in unison with the government program, Self Employment in the Districts (SEPFOPE).

Training was provided to community leaders in Aileu, Ermera, Baucau, Manatutu and Dili. 206 people participated in the training (104 women and 102 men).

Regular discussions were held in 4 districts and 12 sukus in Aileu (Suku Aisimou, Lahae and

Seloi Malere), Ermera (Suku Lauala, Poetete, Riheu), Baucau (Suku Buibau, Tirilolo, and Bahu) and Manatuto (Suku Ma'abat, Aitea and Sau).

Discussions identified the issues such as: limited health facilities and resources at clinics, scarcity of clean water and inadequate sanitation facilities, childrens lack of access to education, high number of school drop out rates, particularly girls, definciency in the quality of teaching, long distances to travel to school, Infrastructure problems, high numbers of domestic violence, violence against women and victim's ability to access to formal justice system - especially in rural areas, insufficient access to information for women and climate change.

Alola conduct monitoring visits on behalf of SEPFOPE to 22 selfemployed groups in 10 districts, 15 sub-districts and 16 sucos with the objective of identifying groups who could benefit from the program.

Self-employed groups included confectionery wokers, sewing /embroidery workers, brick factory workers, computer rental business, carpentry, supplier groups, petrol stations, tailors, recycling, vegetable sellers, car wash and hospitality

The total number of beneficiaries was 278 (172 women and 106 men).



## IQUALITY AND JUSTICE

In 2013, Fundasaun Alola formed a partnership with IWRAW Asia Pasific to strengthen young women's capacity to become advocacy partners on Gender Equality in the Southeast Asia Pasific region.

To strengtheining the capacity of young women, the Alola Foundation in collaboration with the National Youth Council of Timor-Leste (CNJTL) conducted training to 27 young women in the areas of human rights, sex and gender, discrimination and equality, all-important issues for young women in Timor-Leste. Participants came from organisations such as CNJTL, university students, Youth Parliament, young women from political parties, young women who had received scholarships from Fundasaun Alola and Women's Resouce Centre visitors.

Apart from the activities above, raising awarenss of youth and community on human trafficking was considered as priorities and it has been implemented in several districts to prevent crime of human trafficking. To ensure that appropriate laws are created, Fundasaun Alola served as coordinator for the Combating Human Traficking working group, with the groups conducted consultation, analyse and produced submission of draft human trafficking law to the Ministry of Justice for the revision of the draft law.

The working group is made up of representatives from the Ministry of Social and Solidarity (MSS), PNTL (Police), Migration, Foreign Ministry, Ministry of Justice, PDHJ, SEPI, SEPFOPE, UNICEF, IOM, Alola, PRADET, FOKUPERS, AIFela, AATL, Association HAK, Casa Vida, Forum Tau Matan, Fundasaun Mahein, AJAR, FCJ, JSMP, AMKV, GFFTL and Secretariat Rede Feto.



## **MONITORING AND EVALUATION**

The principle responsibility of Monitoring and Evaluation (M&E) in Alola Foundation is to support all staff to increase their knowledge on M&E to ensure the project quality ranging from the design to the program implementation and also increase the knowledge on how to support directly or mentoring staffs for realizing M&E activity in the field and guide staffs how to use tools that offered to them.

In 2013 M&E, team had been provide several capacity building activities and support project in monitoring and evaluation in field. The capacity building activities was covered project designed, Monitoring and evaluation and finalized M&E tolls to support program evaluation.

MOR BINDER

During the year, M&E team had been conducting Evaluation to the 2 project of Alola under Advocacy and Economic Empowerment program. The result shows that program staff knowledge on important of M&E are increased and ability to measure the success and identified the obstacle of project implementation to improve in the future.

FIELD TRIPS

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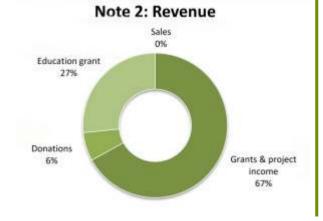
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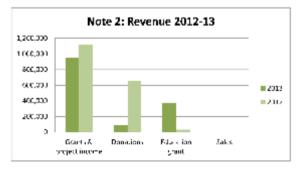
INFLY MEAN ACRUM

# **FINANCIAL REPORT**

## **INCOME STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2013**

	2013	2012	
	\$	\$	
Revenue	1,417,705	1,810,867	
Other revenue	-	-	
Administration expenses	-196,661	-199,754	
Project costs	-1,263,332	-1,598,651	
Surplus/(deficit) after income tax	-42,288	12,462	
Note 2: Revenue	2013	2012	
Revenue from Government and Other Grants			
Grants & project income	950,013	1,124,235	
Donations	90,537	654,534	
Education grant	377,155	32,098	
	<u>1,417,705</u>	<u>1,810,867</u>	
Other Revenue			
Sales	0	0	
	0	0	
Total Revenue	<u>1,417,705</u>	<u>1,810,867</u>	





### BALANCE SHEET AS AT 31 DECEMBER 2013

	2013	2012
ASSETS	\$	\$
CURRENT ASSETS Cash and cash equivalents	898,006	1,053,535
Trade and other receivables	22,999	58,300
TOTAL CURRENT ASSETS	921,005	1,111,835
NON-CURRENT ASSETS		
Property, plant and equipment	41,741	66,816
TOTAL NON-CURRENT ASSETS	41,741	66,816
TOTAL ASSETS	962,746	1,178,651
CURRENT LIABILITIES		
Trade and other payables	826,955	978,894
Short term provisions	25,439	47,117
TOTAL CURRENT LIABILITIES	852,394	1,026,011
TOTAL NON-CURRENT LIABILITIES		
TOTAL LIABILITIES	852,394	1,026,011
NET ASSETS	110,352	152,640
EQUITY		
Funds available for future use	110,352	152,640
TOTAL EQUITY	110,352	152,640

#### CASH FLOW STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2013

	2013	2012
CASH FLOW FROM OPERATING ACTIVITIES	\$	\$
Receipts from customers	1,453,006	1,886,228
Payments to suppliers and employees	-1,605,340	-1,141,195
Net cash generated from operating activities	-152,334	745,033
CASH FLOW FROM FINANCING ACTIVITIES		
Net cash generated from (used in) financing activities	-	-
Net increase in cash held	-155,529	745,033
Cash at the beginning of the financial year	1,053,535	308,502
Cash at the end of the financial year	898,006	1,053,535

## SUMMARISED INDEPENDENT AUDITOR'S REPORT

### TO THE MEMBERS OF FUNDASAUN ALOLA

We have audited the accompanying financial report of Fundasaun Alola, which comprises of the balance sheet as at 31st December 2013 and the income statement, statement of recognised income and expenditure and cash flow statement for the year ended on that date, a summary of significant accounting policies and other explanatory notes and the directors' declaration.

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion. In conducting our audit, we have complied with the independence requirements. We confirm that the independence declaration provided to the directors of Fundasaun Alola, would be in the same terms if provided to the directors as at the date of this auditor's report.

In our opinion, the financial report of Fundasaun Alola, including; a. giving a true and fair view of the company's financial position as at 31 December 2013 and their performance for the year ended on that date; and b. comply with East Timorense regulations.

b. comply with Last finiorense regulations.

Name of Firm: HOUSTON & CO PTY LIMITED

Allant

Owen Houston Name of partners: Owen Houston Registered Company Auditor No 4548 Dated 21st May 2014

## ALOLA FOUNDATION BOARD OF DIRECTORS

### MS. KIRSTY SWORD GUSMAO (CHAIR)

Former First Lady of Timor Leste; Founder and Chair of Alola Foundation, Founder and President of Dili Institute of Technology, Founder of Xanana Reading Room, President of the Advisory Committee of the National Director of Linguistics, Member of the Board of Directors of Moris Rasik, Andrew McNaughton Trust, Patron of the Blair Forster Memorial Trust, and Goodwill Ambassador for Education, Timor- Leste.

### MS. CHRISTINE CARBERRY B.BUS CPA AICD (TREASURER)

CC Business Solutions Lda, Former Financial & Systems Manager, Australian Foundation for the Peoples of Asia and Accountant in Timor-Leste

### MR. STANLEY POH LENG TONG, BUSINESSMAN

Chairman MILK Group of companies, Fundadór husi MILK Foundation (Retired 24/5/2013)

#### MADRE AURORA PIRES

Vigariu Provincial Timor-Leste-Canossa (Appointed 25/5/2013)

#### **MS. MARINA BRAZ DA COSTA**

Coordenador General of Alola Esperansa

#### **MS. ANNE TURNER**

Freelance Public Relations Advisor and Social Media Publicist (Appointed 28/10/2013)

#### **MS. LURDES BESSA**

Member of National Parliament

#### MS. AVELINA COSTA (MEMBRU)

Director of Basic Schoold Education , Ministry of Education (Retired 24/5/2013)

#### **MR. SILVERIO BAPTISTA PINTO**

Vice Ombudsman for Human Rights Division

#### **MS. CARMEN CRUZ**

National Director of Social Services, Ministry of Social Services

#### MS. PAMELA JAPE

Operations Manager at Jape Group International, Darwin - Australia

## **FUNDASAUN ALOLA STAFF IN 2013**

Thank you for our staff for their hard work and comitment:



CHIEF EXECUTIVE OFFICER Alzira Reis Teresa Verdial (Alita)

#### MANAGERS

Angelina Fernandes Maria Bareto Ema de Sousa Jose Ximenes Adalziza Dias Ximenes Victor Ximenes

#### **EDUCATION PROGRAM**

Linda Iva Isa B. Belo Ivonia D. Gusmao Nuni Maria Nobre Jose Noronha Dulce Pereira Lopes Luis Moniz Cardoso Anita Ulan Joaninha Carmelita Do Rego Jovita Da Costa Soares Juliana Barreto Maria Rosa Triponio Verdial Esternina Purificacao

#### ADVOCACY PROGRAM

Apolonia M. da Costa Elda Barros Maria fatima Pereira Jacinta da Cruz Elisita Roserio Pascoal da Cruz Gomes Paulina Assis Belo Manuela Soares Brites Francisca Fraga Joana Dos Santos Joana Da Silva Joanina da costa Josefina Quintao Luciana Guterres Maria Monteiro Yolanda P. Gusmao Juventina Siguera Beatriz Sarmento

#### MATERNAL AND CHILD HEALTH PROGRAM

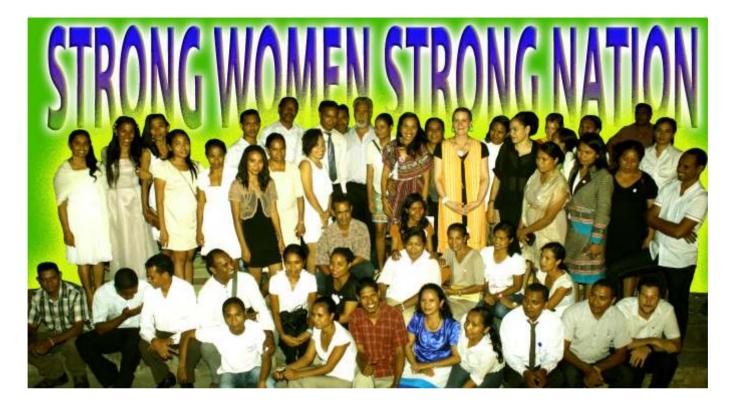
Albertina de Rosa Maria I Guterres Moises da Silva Beatriz Ximenes Sequeira Isabel Lopes Justina Pereira Liliana Pires Lizeti Ribeiro Moura Graziela Mendes Ribeiro Mafalda Cabral Luiza Meluiza Alberto Brites Pascuela J.Handavani Joao Ornay Antonio Soares Flavia Maria Amelia Amaral Pasquela Soares Santina Araujo Neneng Alkatiri Celestina Oliveira

## ECONOMIC EMPOWERMENT PROGRAM

Maria Lurdes G. Fereira Mario Barreto

#### MONITORING AND EVALUATION

Corey Williams Romaldo Da Costa Junior



#### **OFFICE SUPPORT**

Abrao Lorenco Canisio Bareto Domingas Alves Domingos Soares Domingos Marques Eugenio Marcal Fransiskus Xaverius Sumaryono Filomena da C.Pacheco Francelina Branco Geronimo Gama Helen Esmeralda C. Gomes Henrique Ornay Isabel Lisboa Jacinto de Carvalho Juliana Carvalho Julio Horany Joao Bosco Leonita Ximenes Marciano P. Da Luz Margarida Sarmento Manuel Sarmento Pascoal Martins Paulino Ximenes Paul do Rosario P. Gama Rui Manuel Belo Rosita Dos Santos Rosalina Dos Santos Rosa Boavida

## 2013 DONOR LIST

#### THANK YOU

On behalf of the women of Timor-Leste we would like to thank all our partners, donors and stakeholders for their support, dedication and generosity in 2012, which enable us to deliver our program to our community.

### ADVOCACY:

Civil Societies Fund-Government SEPFOPE UNFPA via SEPI BELUN Ministry of Social and Solidarity GIZ Australian Foundation for People of Asia and the Pacific (AFAP) Milk Fund Start Foundation Alola Australia

#### MATERNAL & CHILD HEALTH:

Conoco Phillips Assisi Aid Project/ Rotary Club of Melbourne UNICEF Australian Foundation for People of Asia and the Pacific (AFAP) Milk Fund Start Foundation Save the Children Ashmore Alola Australia

#### **ECONOMIC EMPOWERMENT:**

Ministry of Social Solidarity Australian Foundation for People of Asia and the Pacific (AFAP) MILK Fund MJ Fund ILO Alola Australia Gift Certificate Thai Embassy

#### **EDUCATION :**

AusAID /DFAT Make A Mark Australia (MAMA) MILK Fund ACT Government Rotary District Friends of Ballarat The Asia Foundation (funded by USAID) Nelson Bay Rotary Blair Foster Memorial Trust Alola Australia Individual Donors

















woodside













The Asia Foundation













Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH **Fundasaun ALOLA** was established in 2001 as a local women's organisation dedicated to the empowerment of women. Alola provides a wide strong of vitality important support programs for the women and children of Timor-Leste. Fundasaun Alola is organisation operating programs in support of furthering the rights of women and children of Timor Leste.

MISSION: To pro- mote women's rights and increase women's

leadership capacity, Improve health status of women and children, Increase access & quality of education for women and children and Strengthen women's small enterprise at grassroots level

**OECUSSI** 

VISION: WOMEN OF TIMOR -LESTE HAVE EQUAL STATUS IN ALL ASPECTS OF LIFE (access, participation, role in decision making, enjoyment of benefits of development) THROUGH E D U C A T I O N, E C O N O M I C D E V E L O P M E N T, H E A L T H A N D COMMUNITY LEADERSHIP programs in support of furthering the rights of women and children of Timor Leste.

COVA-LIMA

BOBONARO

LIQUIÇÂ

ERMERA

DILI

AINARO

AILEU

Fundasaun Alola provides a wide range of vitally important programs in support of furthering the rights of women and children of Timor Leste. The programs include

LAUTÉM

- Maternal child health
- Education

BAUCAU

VIQUEQUE

- Economic empowerment
- Advocacy

Programs take place across the 13 districts of Timor Leste and are supported by a management team

MANATUTO

UFAHI

